July 2021 ESDaP Summer newsletter

A success for our first virtual congress!

Dear ESDaP Colleagues,

Despite the COVID-19 pandemic which is still a challenge for most of us, we are glad to have been able to organise our

annual ESDaP congress! The 19th Conference of the European Society for Dermatology and Psychiatry was held virtually over 11th-12th June 2021, live from London UK and

available on-line via www.esdap21.com for the next 3 months. the 2nd Brain Skin Colloquium

This conference was held together with conference and it attracted more than 200 registrants! There were 3 parallel streams with focused symposia discussing the relationship between psychodermatology and psoriasis, atopic dermatitis, pruritus and covid.

There were also presentations from pharma, and more than 40 posters. All abstracts will be published in the British Journal of Dermatology. ESDaP has become truly intercontinental with presenters and attendees from North and South America, Asia and Africa. Liaison with psychodermatology organisations from across the globe remains one of the priorities of ESDaP.

The invited speakers from across Europe and the globe included Prof Jacek Szepietowski (President of ESDaP), Prof Chris Griffiths,

Bundy, Prof Andrew Finlay, Prof Laurent Misery, Dr Francesca Sampogna, Dr Ilknur Altunay, Prof Uwe Gieler, Prof Joerg Kupfer, Prof Ed Bullmore; Prof Sir Carey Cooper, Prof Gil Yosipovitch (USA), Prof Brian Kirby, Prof Andrew Thompson, Prof Francis Mc Glone, Prof Françoise Poot, Prof Andrea Evers and Prof Peter Lepping. The wide ranging and eclectic presentations illustrated the growing voice and momentum of clinical and academic research in

Prof Florence Dalgard, Prof Mohammad Jafferany (USA), Dr Chris

psychodermatology. Psychiatrists, Psychologists, Nurses, Trainees and Scientists.

As always, the ESDaP 21 conference celebrated the multidisciplinary work and research collaboration between Dermatologists, We would like to thank for their support... the conference department at the British Association of

Dermatologists via Chris Garrett, Sally Ann Koomson,

· the technical support from the Royal Society of Medicine UK, the Brain Skin Colloquium via Dr Elise Kleyn, Squibb, La Roche Posay, UCB, Janssen and Novartis.

Sincerely,

 our 7 sponsors : pharma companies Almirall, Lilly, Bristol Myers Anthony Bewley

ESDaP President

ESDaP Conference awards

The Herman Musaph Award 2021 was attributed to Prof Anthony Bewley.

Christina Schut et al: Prevalence of symptoms of body dysmorphic disorder in patients with dermatological conditions compared to healthy

 Runner up oral presentation: Anthony Bewley et al: Impact of Abrocitinib on Itch, Sleep, Skin Pain, and Psychological Stress in Patients with Moderate-to-Severe Atopic Dermatitis: Pooled Analysis From JADE Monotherapy Trials Joint 3rd oral presentation prize went to Satwinderjit Shinhmar: The impact of the Covid-19 pandemic on psychodermatology patients. Satwinderjit Shinhmar

Prize winners included:

Best oral presentation

skin controls: Results of the ESDAP-study-II

Carleen Walsh: Informing the development of a Needs Assessment Tool for Ichthyosis Caregivers (NAT-IC): an international multi-method qualitative study using framework analysis. Poster prize winners were

 1st Poster Prize: Richard Barlow: Suicide and Suicidality in Children & Adolescents with Chronic Skin Disorders: A Systematic Review. 2nd Poster Prize

checkpoint inhibitor-related pruritus

3rd (joint) Poster Prize:

the online courses for the next few years.

Susan Moschogianis: Towards an understanding of the psychosocial impact of psoriasis. Jodie L Fellows: Potential utility of Eye Movement Desensitisation and Reprocessing (EMDR) and the flash technique in psychodermatology

Evgeniya Shatokhina: Efficacy of dupilumab in patients with immune

Online courses for the diploma of psychodermatology Since last year, we have prepared 4 online courses. This allows us to

2021 Online Courses Level 1 Part 1: October 7-9 ESDaP Diploma

Level 1 Part 2: October 21-23 Level 2 Part 1: November 11-13

These courses are composed of online meetings during 3 days for some hours according to the different local times of the students, and assignments the participants have to do. These assignments include preparing lessons on different topics in

Register here

More info on www.psychodermatologydiploma.in

ESDAP-Study II: Body image and stigmatization

ESDaP Congress.

Psychiatry.

About ESDaP projects

We recommend to participate only in one course a year. However, we accept students for 2 consecutive courses of the same level. This depends on the availability of free places, since the group having attended the first part of the level in the previous year would have

dermatological patients compared to controls. About 30 colleagues were responsible for this study and even more were involved in data collection. The data set is based on N= 8295 participants. More than 5400 patients with different skin conditions and 2800 healthy skin controls were included. The first manuscript on ESDaP-study II is entitled "Body dysmorphia in common skin diseases: Results of an observational, cross-sectional multi-centre study among dermatological out-patients in 16 European countries".

conditions than in healthy skin controls (10.5% vs. 2.1%).

compared to healthy skin controls.

characteristics.

New members Prof. Dr. Ali Tareq, 45 years old, a medical teacher in Kerbala university, Iraq, teaching dermatology and phenomenology as a basis for Lifeworld medicine that view health as an emergent phenomenon resulting from the

> ground where he planted his psychodermatological stance.

Dermatology department, working in

much excited for joining our professional

Dr. Sandra Hanneken is a dermatologist from Germany. After working at the dermatology University Hospital in Duesseldorf with clinical and scientific work for

complexity science/system thinking is the

mental health teams. She predominantly use Eye Movement Desensitisation and Reprocessing (EMDR) and Cognitive Analytic Therapy (CAT) models for psychological formulation and Maria Rifouna was born and raised in Athens, Greece. She works as a registrar in Psychiatry,

community.

ten years, she is in a private practice since 5 years in Duesseldorf. She has a special focus on chronic and occupational dermatoses. She is performing regular educational trainings in group settings for patients with atopic dermatitis, anaphylaxis and occupational dermatoses. She qualified as a medical psychotherapist in 2021.

inclusion of people with dermatological conditions, and spreading general knowledge of psychodermatology in her home country, the Dominican Republic. She is the founder of a support group for people living with Vitiligo, and another one for those diagnosed with Leprosy and their families. Dr Christopher R. Payne is Consultant Dermatologist to The London Clinic. He was Founding Editor-in-Chief of the Journal of Cosmetic Dermatology and Secretary-General (and Past President) of the European Society for Cosmetic & Aesthetic Dermatology. He is

Roma Marconi.

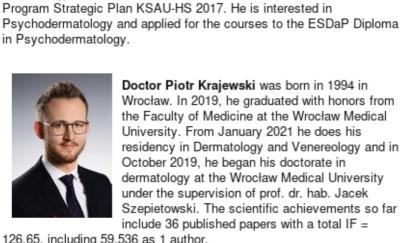
Saudi Board in Dermatology 2009, European Board in Dermato-

venereology 2017, Master in Medical Education from the New Medecine

Doctor Piotr Krajewski was born in 1994 in Wrocław. In 2019, he graduated with honors from the Faculty of Medicine at the Wrocław Medical University. From January 2021 he does his residency in Dermatology and Venereology and in

Miguelina Justo is a Clinical Psychologist and a psychotherapist, currently working at the Dominican Institute of Dermatology and Skin Surgery "Dr. Huberto Bogaert Díaz", with a Master's degree in

Counseling. She is promoting the social



ITALY

JAPAN

USA

ARGENTINA

2021.

The Association for Psychocutaneous Medicine of North America (APMNA) will be holding its annual meeting on March 24, 2022 after the

www.psychodermatology.us or contact mjafferany@yahoo.com

Abstract submission and registration will open in October 2021.

The Argentinian Academy of Dermatology and Psychiatry (ADEPSI) organizes the First Latin American congress of Psychodermatology : "COLAPSI 2021". This virtual conference will be held on 29-30 October

"It is an honour to be able to invite those who have warmly received me many years ago when I was taking my first steps in Psychodermatology

and who were the inspiration for the creation of ADEPSI. ESDaP continues to be a constant guide for all of us who are persuaded of the need for a paradigm shift". Estela Malatesta, President of ADEPSI

Blee I, Da Costa J, Powers N, Omanyondo S, Charles A, Goulding JMR. Psychodermatology in psychiatry: awareness and education among psychiatry trainees. Clin Exp Dermatol. 2021 Jul 14. doi:

For information: visit colapsi.weebly.com or contact

New publications from our members

gap of two years due to pandemic restrictions.

For further details please keep visiting the website

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colapsi2021@gmail.com

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Hafi B, Abdul Latheef EN, Uvais NA, Jafferany M, Razmi T M, Tp A, Aysha Ks S. Awareness of psychodermatology in Indian dermatologists:

Geetha AA, Abdul Latheef EN, Sukumarakurup S, Devi K, Jafferany M.

Psychiatric morbidity, stress and quality of life among geriatric dermatology patients: Therapeutic considerations from an Indian

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congress The next ESDaP congress will be held ո, in spring More information will follow soon...

The ESDaP Psychodermatology Diploma

Interested?

Register here

Towards the new

overcome the difficulties linked to the pandemic situation but also to reach participants from more distant countries. We will continue with pairs and presenting a clinical case, as well as completing exercises. For the Level 1 Part 1 course it is only necessary to present a clinical case. There are also **communication exercises** to do through video meetings in each course. Other requirements are either participating at ESDaP Congresses and meetings, or preparing a publication as first author in the Psychodermatology field. Additionally, a communication (oral or poster) should be presented at an The ESDaP-study II is the continuation of a large European multicenter study on the "psychological burden of skin diseases in Europe" organized by the European Society for Dermatology and After the successful conductance of a first ESDAP Study (e.g. Dalgard et al., 2015, Journal of Investigative Dermatology) with a focus on mood disorders and quality of life in common skin diseases this new study focuses on body image impairment and stigmatization in In this paper it is shown that symptoms of body dysmorphic disorder are five times more prevalent in patients with dermatological Moreover, patients with hyperhidrosis, alopecia and vitiligo had a more than eleven-fold increased chance of having BDD symptoms The other two main articles will deal with feelings of stigmatization in patients with different skin conditions and controls and itch

After the first three main articles are submitted, focus groups of interested ESDaP-study II participants will conduct further specific analyses of the data and present their results in upcoming papers. semiotic interaction between the mind and body. His interest in phenomenology, biosemiotics and Jodie Fellow is clinical Psychologist, Solihull psychodermatology and regional Epidermolysis Bullosa service. Prior services have included: "difficult to treat" asthma, HIV and community in Herefordshire and Worcestershire Health and Care NHS Trust, UK where she has developed an interest in Psychodermatology. She is very

> Professor of Dermatology at the Ludes Lugano, University Campus of Malta and Professor of Academic Cosmetic Dermatology at the Universita Johanna Munz (M. Sc.) is a psychologist and research associate at the Institute of Medical Psychology at Justus-Liebig-University Giessen in Germany, where she works in the research group on psychosomatic dermatology. Due to her deep interest in Psychodermatology, she is pursuing a doctorate in this research area. Hamad Ayed Alfahaad is Associate Professor, College of Medicine, Najran University in Saudi Arabia since 2019. His education is MBBS, College of

> > Medicine, King Khalid University 2004,

Chernyshov PV, Finlay AY, Tomas-Aragones L, Poot F, Sampogna F, Marron SE, Zemskov SV, Abeni D, Tzellos T, Szepietowski JC, Zouboulis CC. Quality of Life in Hidradenitis Suppurativa: An Update. Int J Environ Res Public Health. 2021 Jun 6;18(11):6131. doi: Chlebicka I, Stefaniak AA, Matusiak Ł, Szepietowski JC. Burden of Itch in Patients with Basal Cell Carcinoma. Acta Derm Venereol. 2021 Jul 30;101(7):adv00507. doi: 10.2340/00015555-3871. Clarke EN, Thompson AR, Norman P. Depression in people with skin conditions: The effects of disgust and self-compassionThe effects of disgust and self-compassion. Br J Health Psychol. 2020 Sep;25(3):540-557. doi: 10.1111/bjhp.12421.

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send it to <a href="mailto:esdap.newsletter@gmail.com">esdap.newsletter@gmail.com</a>.

BOOK

www.psychodermatology.net

October 2019, he began his doctorate in dermatology at the Wrocław Medical University under the supervision of prof. dr. hab. Jacek Szepietowski. The scientific achievements so far include 36 published papers with a total IF = 126.65, including 59.536 as 1 author. Dr Amrika Ramoutar is in her final year training in Dermatology at the Royal Hallamshire Hospital in Sheffield, UK. Her interest in psychodermatology developed whilst attending the Annual Registrar Psychodermatology Course in London in 2019, organised by Dr Tony Bewley. She has further developed her experience in this field by attending regional psychodermatology clinics at the Royal London Hospital and endeavours to follow this as a career path. Psychodermatology around the world BELGIUM An online course in French on HCP-Patient relationship will be launched at the beginning of January 2022. Interested ? Look at www.medicalcom.org The XXV Congress of the Italian Society of Psychodermatology (SIDEP) will be held on February 4th-5th, 2022 in Genova, Italy. The official language is Italian. The 12th meeting of the Japanese Society of Psychosomatic Dermatology will be held in 15-16 January 2022 in Saitama, near Tokyo. The meeting official language is Japanese.

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Thanks for reading, Françoise Poot, Francesca Sampogna & Anthony Bewley

If you have information you wish to share with the members, please

ESDaP - European Society for Dermatology and Psychiatry