



ESDaP Winter newsletter

Happy New-Year!

Dear members,

We wish you a very happy 2016 with a lot of professional and personal satisfaction!

We need your membership! As you know, the ESDaP executive committee works on a voluntary basis. However, thanks to yours and our membership fees, we are able to provide services like the website, the newsletter, prizes, reimbursement of publications, courses and meetings during the congresses (EADV, ILDS), etc.

Last year ESDaP organized its first Advanced Course on Psychodermatology in Venice. This was very successful. The participants improved their skills and knowledge a lot and there were wonderful exchanges with the teachers.



This year there will be an EADV Fostering Course on Psychooncology during 15-16th of July 2016 and a second Advanced Course on Psychodermatology in Venice on 17-19th of November 2016 with the special topic of "Skin Picking".

We will of course also have a subspecialty meeting in Vienna during the EADV meeting in October 2016.

Finally, another change for this year is that the membership fee will be charged by the Acta Dermato-Venereologica secretariat in the hopes of making it easier for all. We remind you that your membership gives you the right to an email with a link to the articles of the journal every time a new issue is comes out.

We really hope to see you during some of these events. Your presence will give sense to all the time we dedicate to organizing the activities for you and for your patient's benefit.

To register contact us!
secretary@psychodermatology.net

Next ESDaP congresses

17th ESDaP Congress – Brest – France 21-23rd June 2017



18th ESDaP Congress – Giessen – Germany 2019

New members



Dr. Ram H Malkani, MD, DVD, DDV, is a consultant dermatologist at the Jaslok Hospital and Research Centre, Mumbai, India, since 1978.

He has many research papers and publications. www.dralkani.com

His e-poster on Stressors and Depression in Lichen Planus, Acne Exocrine and Lichen Amyloidosis was presented at the ESDaP Conference in St. Petersburg, Russia win 2015.

He is a member of the AAD and the EADV.



Dr Sylvia Agullar-Duran is currently completing her training in Dermatology at the Royal Infirmary of Edinburgh. Her interest in psychodermatology developed while attending one of the regional psychodermatology clinics in London. In addition to publications in this field, she has also participated in the EADV course and is keen to meet other EADV members interested in this field.

Psychodermatology around the world

Argentina

Message from Dr Estella Maria Malatesta:

A new association was created last year in Argentina called ADEPSI (Academia Argentina de Dermatología y Psiquiatría). Our goal is to exchange knowledge among Psychodermatologists all over the world.

You are all very welcome to visit our website:

www.adepsiargentina.com.ar
www.psicodermatologia.com.ar

The Netherland

In Amsterdam, at the Academic Medical Center, the Dutch Society of Psychodermatology will organize a symposium on the 13th of May 2016: *Psychodermatology: state of the art and future directions*.

During our symposium, we want to honour John de Korte who is leaving our society and the international field of psychodermatology.

Keynote speakers are Prof.dr. Uwe Gielert, Zentrum für Psychosomatische Medizin, Justus-Liebig-Universität Giessen, Germany and Prof.dr. Andrea Evers, professor Health Psychology, Chair of the Health, Medical and Neuropsychology Unit at Leiden University.

UK

Message from Christopher Bridgett:

Happy New Year !

Our next Psychodermatology UK meeting is 28 January at Royal Society Medicine.

My News for ESDaP : a web-assisted psychodermatology self-help pilot for all to share on twitter!

Hope you all go from strength to strength!

[#EczemaExplained](https://twitter.com/EczemaExplained)

Follow, support and share now Twitter [#HabitReversal](https://twitter.com/HabitReversal) for atopic

[#eczema](https://twitter.com/EczemaBeat) progress blog [@EczemaBeat](https://twitter.com/EczemaBeat)

Christopher Bridgett ([@ckbridgett](https://twitter.com/ckbridgett))

[Download the Twitter app](#)

USA

Message from KATLEIN FRANÇA, MD, MSc, Vice President of the [Association for Psychoneurocutaneous Medicine of North America](http://www.psychodermatology.org)

Happy New Year!

I was recently invited as a speaker to a Pediatric Dermatology Meeting and requested to see psychodermatology patients in different hospitals in KUWAIT.

It was the first time in the history of that country that Psychodermatology was introduced in the hospitals and presented in a national conference.

The meeting was "Kuwait Derma Update and Pediatric Dermatology Symposium" (November 3-5, 2015) and I had the opportunity to give 5 lectures:

- Skin diseases in pediatric population and quality of life aspects

- Trichotillomania and other hair disorders in children:

psychodermatology perspective

- Acne: A problem beyond skin

- Atopic dermatitis: psychocutaneous perspective

- Psoriasis in children: psychological approach

I am very glad to see how Psychodermatology is evolving, reaching new places and gaining the world.



Dr Katlein França & Dr Abdulwahab Al Fozan, the President of Kuwait Society of Dermatology.

New Publications from our members

[How to approach delusional infestation.](#)

Lepping P, Huber M, Freudenmann RW.

BMJ. 2015 Apr 1

[Quality of Life, Emotional Wellbeing and Family Repercussions in Dermatological Patients Experiencing Chronic Itching: A Pilot Study](#)

Servando E. Marron, Lucia Tomas-Aragones, Santiago Boira, Ricardo Campos-Rodenas

Acta Derm Venereol. 2015 Nov 2.

[Epub ahead of print]

[The announcement of bad news in dermatology](#)

Misery L1, Legoupil D2, Schollhammer M3, Brenaut E2, Abasq C2, Roguedas-Contios AM2, Chastaing M4. Ann Dermatol Venereol. 2014 Nov; Epub 2014 Oct 3.

[Article in French]

If you have information you wish to share with the members, please send it to esdap.newsletter@gmail.com.

Thanks for reading,

Françoise Poot, Lucia Tomas & Nienke Vulink

Future ESDaP Events

Psycho-oncology: Melanoma and Non-Melanoma Skin Cancer

15-16 July 2016 - Brussels, Belgium

Application deadline: 31 May 2016

More info on www.eadv.org

Advance course on Psychodermatology: Skin Picking

17-19th of November 2016

[Interested?](#)

Clinical case

A 53 years old patient, married, retired, from Maramures, came to our clinic for symptoms that have appeared approximately 6 months before the consult.

Clinical examination denotes hyperpigmentations, scars, excoriations and erosions that were located especially on the face and arms. When warded the patient was agitated, nervous, anxious, with lesions of about 2-3 cm located mostly on the face.

There was no history of any another dermatological disease, but also no history of any kind of disease.

[More info on this case](#)
[About the treatment](#)