

# ESDAP PSYCHODERMATOLOGY TRAINING COURSE

## BODY DYSMORPHIC DISORDER – HOW TO MANAGE

**8<sup>th</sup> – 10<sup>th</sup> November 2018**

**Location: Brussels**

<http://www.chant-oiseau.be/language/en/>

1<sup>st</sup> day 8<sup>th</sup> November 2018 Thursday

Time	Topics / Contents
14:00	Presentation of participants and teachers
14:30	Expectations for the Body Dysmorphic Disorder Course
15:00	Body Dysmorphic Disorder – Update Overview of Body Dysmorphic Disorder
15:45	Epidemiology of Body Dysmorphic Disorder – is it a growing problem?
16:00	Coffee Break
16:30	Body Dysmorphic Disorder – Experiences from the participants Case presentations
18:00	Coffee Break
18:30	Cognitive Behaviour Management of BDD Patients - How to implement them
19:30	Reflection of the day
20:00	End of the session

2<sup>nd</sup> day 9<sup>th</sup> November 2018 Friday

10.00	Doctor-patient relationship How to deal with patients who are difficult Role Pays – BDD patients
13:00	Lunch
14:30	The psychodynamic approach für Body Dysmorphic Disorder
15.30	Balint-Group with BDD patients – 1 Case presentation
17:00	Coffee break
17:30	Psychiatric diagnosis and psychotropic drugs in BDD patients
19:00	Reflection of the day
19:15	End of the session
20:30	Dinner together with participants

3<sup>rd</sup> day 10<sup>th</sup> November 2018 Saturday

	Topic
9.00	Guideline patient sheet for information
10.30	Coffee break
10:45	New developments - additional psychotherapy in BDD
11:30	Evaluation – Practical aspects for daily routine - Expectations

12:30	Reflection of the day
13:00	End of the Course

**Faculty:**

Chair: Prof. Lucia Tomas-Aragones - Spain

Co-Chair: Dr Françoise Poot – Belgium

PhD Francesca Sampogna - Italy

**Fee for participants:**

Topic	Amount
Participants Course fee	300, - €
Hotel Fee	Reservation individual

Infos: ESDaP-Homepage: [www.psychodermatology.net](http://www.psychodermatology.net)

Or: E-Mail: [frpoot@gmail.com](mailto:frpoot@gmail.com)

**Venue:****Maison N.-D. du Chant d'Oiseau**

Training Centre  
Avenue des Franciscains, 3A  
B-1150 Brussels  
Belgium

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**E-mail :** [info@chant-oiseau.be](mailto:info@chant-oiseau.be)

**Accommodation : Individual**

**Registration: deadline 1/10/2018**

**Please fill in the registration sheet and fax it to:**

Françoise Poot – ESDaP Treasurer – +32 71356164

The registration is valid only with the proof of payment (see on the registration sheet how to manage the payment)

No reimbursement after the 1/10/2018

Before 1/10/2018 reimbursement will be made but there will be administrative fees of 30€