



ESDaP Autumn newsletter

Advanced psychodermatology training course in Venice!



Dear members,

At the end of 2015, ESDaP will organize for the first time in its history, an Advanced Course on Psychodermatology in Venice. So far, ESDaP has been offering a very successful introduction course on psychodermatology every two years, but the participants of the courses and visitors of our ESDaP congress expressed their wish for an in depth psychodermatology course. Therefore, **from 17 - 22 Nov 2015** we will organize an advanced psychodermatology training course in Venice, where we will combine interesting topics on diagnostics and treatment modalities within psychodermatology.

We will focus on both more detailed knowledge as well as practical applications with topics such as:

- how to identify a patient with Body Dysmorphic Disorder and differentiate this diagnosis from obsessive-compulsive disorders, anxiety disorders or somatiform disorders;
- develop communication skills to assess patients with psychodermatological problems;
- education in pharmacological interventions and training of general techniques of reflection and mindfulness.

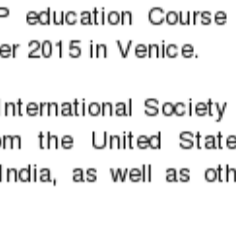
If you are a resident in dermatology or a dermatologist with an interest in more advanced knowledge, diagnostic skills and therapeutic techniques used in patients within psychodermatology, you should attend our Venice Advanced Course on Psychodermatology.

To see the program in detail, visit our website: www.psychodermatology.net

To register contact us! secretary@psychodermatology.net

Letter from the president

I am very proud about the trust that was given to me by the members of ESDaP during the last General Assembly at the 16th congress of ESDaP in St. Petersburg.



Since 1987, from the very beginning of the psychodermatology congresses in Vienna - and as a co-founder of the ESDaP society - I have always been enthusiastic about the idea that skin and psyche belong together like water and air.

After my habilitation in dermatology, I worked on a second residency in the only German existing 'Physician of Psychosomatic Medicine and Psychotherapy'. Then I started a Professorship in Psychosomatic Medicine and built up an inpatient treatment for skin patients as well as the atopic eczema education schools and many research projects in our field. Together with my colleagues, we started - in 1983 - the German Psychodermatology Society, which has about 100 members today. Since 1989 I am the head of a Psychotherapy Education Academy for psychologists and medical doctors in my landscape.

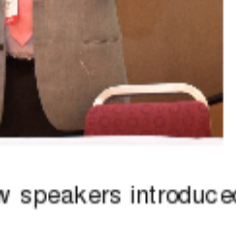
So my heart is beating for psychodermatology and I would like to achieve 3 topics in the next 2 years for the ESDaP society:

- Establish a new scientific ESDaP study
- Establish an education tool for post-graduates in psychodermatology and the first ESDaP Education Course is already announced for 17th-22th November 2015 in Venice.
- Explore the possibilities of creating an International Society of Psychodermatology with colleagues from the United States, Japan, Brazil, Argentina, Australia and India, as well as other countries.

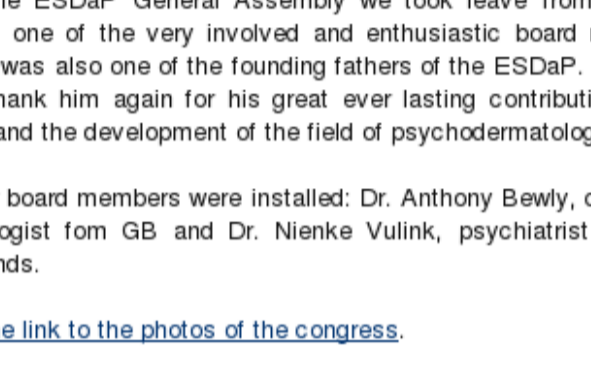
Hopefully this will become a reality for the next 17th congress of ESDaP in 2017!

About the Saint Petersburg congress

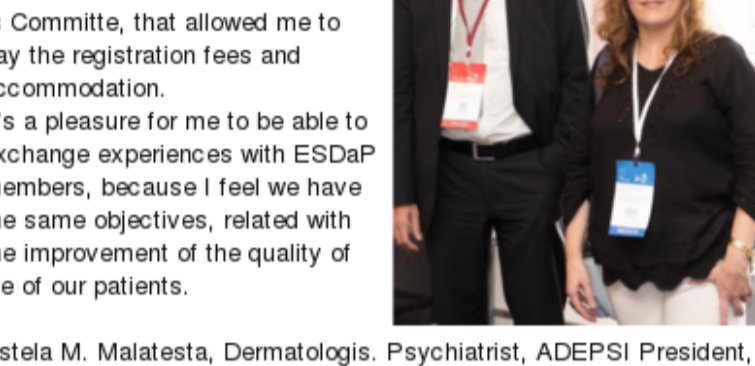
From 25-27 June 2015 we enjoyed our very well organized and inspiring 16th Congress of the ESDaP in Saint-Petersburg.



Our ESDaP congress in Saint-Petersburg was a very successful meeting with 226 colleagues from 45 world countries (Europe, Asia, Northern and Southern America, Africa and Pacific region)



The program was structured in plenary sessions followed by two separated tracks with interactive research symposia and poster sessions. The first scientific results of our ESDaP multicenter research collaboration were presented and at the end of the second plenary session, there was the important 9th Herman Musaph Award Ceremony awarded to Michael Dennis Linder for his outstanding contribution to the Psychodermatology field.



During the following days well-known but also new speakers introduced hot topics including:

- progress within psychodermatology,
- communication skills,
- delusional disorders, self-inflicted lesions and skin-picking,
- burden of itch and treatment modalities,
- quality of life,
- e-health
- and group training of children with chronic skin diseases.

During the ESDaP General Assembly we took leave from John de Korte as one of the very involved and enthusiastic board members, and who was also one of the founding fathers of the ESDaP. We would like to thank him again for his great ever lasting contribution to our Society and the development of the field of psychodermatology.

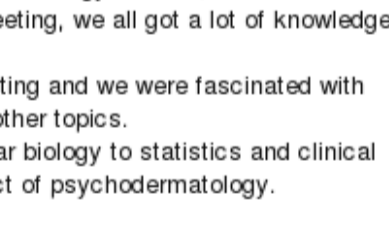
Two new board members were installed: Dr. Anthony Bewly, consultant dermatologist from GB and Dr. Nienke Vulink, psychiatrist from the Netherlands.

Here is the [link to the photos of the congress](#).

Report from the winner of the ESDaP Congress Grant

Buenos Aires, Argentina August 6th 2015

Thank you for the great moments shared at the last Congress in Saint Petersburg.



I am very grateful for the congress grant I have received from ESDaP's Committee, that allowed me to pay the registration fees and accommodation.

It's a pleasure for me to be able to exchange experiences with ESDaP members, because I feel we have the same objectives, related with the improvement of the quality of life of our patients.

Estela M. Malatesta, Dermatologist, Psychiatrist, ADEPSI President, Academia Argentina de Dermatología y Psiquiatría. (Argentina)

From Japan to Vancouver

Makoto Hashiro, MD, Ph.D
Secretary general, the Japanese Society of Psychosomatic Dermatology

A joint meeting of ESDaP, APMNA and JPSD was held at the Vancouver convention center on 8th June 2015.

Four Japanese psychodermatologists came to Vancouver.

- Prof. Yuko Higaki (president of JPSD) from Tokyo talked about sleep and atopic dermatitis.
- Dr. Ritsuko Hosoya from Tokyo presented Morita therapy and animal assistance.
- Dr. Masako Minami-Hori from Asahikawa (northern part of Japan) gave a talk of topical corticosteroid phobia.
- And I (Dr. Makoto Hashiro) from Osaka gave a topic about xerotic dermatitis and OCD.



All the topics were discussed with ESDaP and APMNA members. We exchanged information of psychodermatology. At first, some hesitated to join the meeting. But after the meeting, we all got a lot of knowledge and friends of psychodermatology.

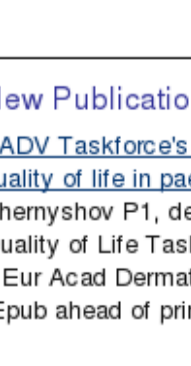
We think the meeting was very exciting and we were fascinated with psychodermatology by listening of other topics.

The program includes from molecular biology to statistics and clinical medicine. We studied various aspect of psychodermatology.

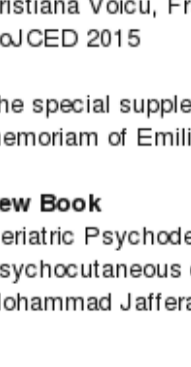
We hope to get together again next time. We would very much appreciate keeping in touch with you all.

Finally, I greatly appreciate the kindness of Prof. Uwe Gieler and Dr. Mohammad Jafferany for organizing.

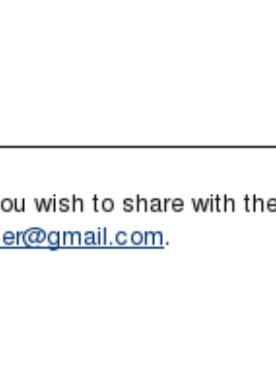
New members



Dr Patrick Kemperman works as a clinical dermatologist with specific interest in psychodermatology at the Academic Medical Center (AMC) in Amsterdam. He is head of the department of dermatology at the Waterlandziekenhuis Purmerend, vice-president of the Dutch Society for psychodermatology (NVPD) and board-member of the Herman Musaph Stichting (Dutch foundation for psychodermatology).



Dr Jon Goulding trained at Edinburgh and Oxford Universities. He is a consultant dermatologist working in the UK NHS, based at Solihull and Good Hope H ospitals. He has set up the only dedicated multidisciplinary psychodermatology service in the Midlands, which has been running since 2012.



Dr. Serena Pezzetta obtained the Postgraduation Degree in Dermatology at the University of Padua (Italy). Strong supporter of a patient-centered approach, she attended a Master Degree in Narrative Medicine and she is interested in psychodermatological field. She speaks English, French, Spanish.

Other new members:
Tan Murly, Psychologist, The Netherlands
Richard Sykes, Psychiatrist, South Africa
Desirée Rossouw, Psychiatrist, South Africa
Amr Magdy Kotb, Dermatologist, Egypt

Psychodermatology around the world

FRANCE

Apart the Brest meeting in 2017, two meetings are scheduled in 2015:

- 23rd forum Human Skin and Society (All conditions of hair!), Paris, September 18th
- Meeting of the French-Speaking Society of Psychosomatic Dermatology (The intimate), Paris, September 19th

SPAIN

Summer Psychodermatology Meeting in Alcañiz, Spain

Dr. Servando E. Marron and Prof. Lucia Tomas-Aragones organised a Psychodermatology meeting on 10th and 11th July in the Parador of Alcañiz, Spain.

There were workshops on Mindfulness, Hypnosis, and Ethics, as well as lectures and short communications on Psychodermatology.

<http://www.diariodeteruel.es/noticia/65487/dermatologos-analizan-en-alcaniz-la-relacion-de-la-mente-con-enfermedades-de-la-piel>

http://lacomarca.net/index.php?option=com_k2&view=item&id=8797&Itemid=999

JAPAN

6th annual meeting of the Japanese Society of Psychosomatic Dermatology in next January.

Date: Sunday 24th January, 2016
Venue: Winc Aichi, Nagoya
President of the meeting: Prof. Kayoko Matsunaga (Department of Dermatology, Fujita Health University School of Medicine)

Attention! The official language is only Japanese.

USA

APMNA will hold its 26th annual meeting on March 3rd, 2016 at Washington, DC.

For further information visit www.psychodermatology.us or contact Mohammad Jafferany, MD, Chair Scientific Committee and Organizer at mjafferany@yahoo.com

New Publications from our members

[EADV Taskforce's recommendations on measurement of health-related quality of life in paediatric dermatology.](#)

Chernyshov P1, de Korte J, Tomas-Aragones L, Lewis-Jones S; EADV Quality of Life Task Force.
J Eur Acad Dermatol Venereol. 2015 Apr 10.
[Epub ahead of print]

[Beyond childhood atopic dermatitis – psychodermatological aspects.](#)
Cristiana Voicu, Françoise Poot, Lucia Tomas-Aragones, Uwe Gieler. RoJCED 2015

The special supplement in the Acta Dermato-Venerologica in Memoriam of Emiliano Panconesi will be published shortly.

New Book

Geriatric Psychodermatology: Common Psychocutaneous disorders in the Elderly, Editors: Mohammad Jafferany, MD and Katlein Franca, MD.

If you have information you wish to share with the members, please send it to esdap_newsletter@gmail.com.

Thanks for reading,

Françoise Poot, Lucia Tomas & Nienke Vulink

Future ESDaP Events

EADV Copenhagen 2015

ESDaP Sub Specialty Society Meeting
Wednesday 7 October, 2015,
from 13.30 to 17.30
Location: CTM3

Psychodermatology session
Thursday 8 October, 2015,
from 08.00 to 09.30 -
Location: Room 18
[Have a look at the program!](#)

Psychodermatology Training Course Venice

18-22 November 2015
See attached the program!

17th ESDaP Congress 2017

Brest, France
21-23 June 2017

Summer Quiz
[Access the quiz here!](#)



