

ESDaP autumn newsletter

Remain active in psychodermatology between ESDaP congresses!

Dear members,

The Roskilde congress is over, the St Petersburg congress is announced for June 2015. Meanwhile, how to keep in touch with the people you met in Roskilde and continue to feel part of the psychodermatology community?

Maintaining the contact between members is the first role of this newsletter. It is also a way to keep you posted about other coming events.

Among these events, is the subspecialty meeting which will be held the day of the EADV Istanbul opening ceremony. During this session, you can enjoy once more the warm atmosphere of our meetings. The coffee break, offered by ESDaP, is an occasion to meet up with your ESDaP friends. If you would like to present your work during one of our next meetings, you are most welcome - a joint let us know.

Next year in Amsterdam, there will be a just meeting with the Itch society (IFS). The program will be announced in one of the following newsletters.

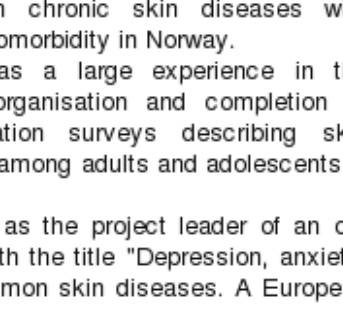
Would you like to form a team with other young resident colleagues? Are you convinced - like us - that psychodermatology is an important part of dermatology training? A Fostering Course in psychodermatology for residents will be organised next summer. Don't hesitate to invite your residents to attend.

If you have been part of one of our training courses for specialists, an advanced course is foreseen for 2016. With the World congress and the ESDaP congress scheduled in 2015, an advanced course would have been too much in the same year, so it will be offered in 2016.

As you can see, there are many opportunities to stay in contact through ESDaP events. Don't miss them. Stay in touch.

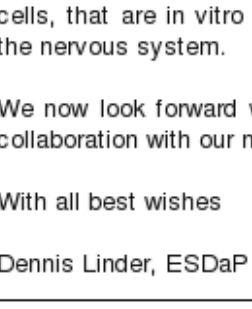
Message from the President

Dear Colleagues,
Dear Friends,



I am honoured to have taken over for the next 2 years the ESDaP Presidency from Dr. John de Korf, after the successful meeting in Roskilde, so well organised by our EC counsellor Professor Gregor Jemec and his Danish colleagues.

I would like to take this opportunity to thank Dr. Sylvie Consoil (Paris, F) and Prof. Klaus Michael Taube (Halle, D), who have now left the executive committee after so many years, for their steady engagement for our society. I know that they shall continue working with and for ESDaP, and that we shall still be able to rely on their support and advice. They will be replaced by Dr. Florence Dalgard (Oslo, N) and Pr Laurent Miséry (Brest, F), who have already been ESDaP members for a long time.



Dr. Florence Dalgard, a clinical dermatologist and psychodynamic psychotherapist collaborating with the department of psychosomatic medicine at Oslo University Hospital, has developed a special clinical expertise in the psychodynamic approach of patients with chronic skin diseases with psychiatric comorbidity in Norway. She also has a large experience in the successful organisation and completion of large population surveys describing skin morbidity and psycho-social aspects among adults and adolescents in Norway.

ESDaP is proud of her contribution as the project leader of an on-going European Multicenter Study with the title "Depression, anxiety, quality of life and attachment in common skin diseases. A European multicenter Study". The core working group is Uwe Gielert and Jörg Kupfer from Germany, Lucia Tomas-Aragones from Spain and Lars Lien from Oslo. The participating colleagues are all members of the ESDaP from 14 countries in Europe. The goal of this large epidemiological study is to describe psychological comorbidities among patients with common skin diseases in different European countries.



Prof. Laurent Miséry is professor of dermatology, head of the department of dermatology at the University Hospital of Brest and director of the laboratory of neurosciences of the University of Brest. He is also president of the French Group of Psycho-Dermatology. He is well-known for his clinical works about pruritus and psychodermatology. From the biological point of view, he has invented models of co-cultures of neurons and skin cells, that are in vitro models to study relationship between skin and the nervous system.

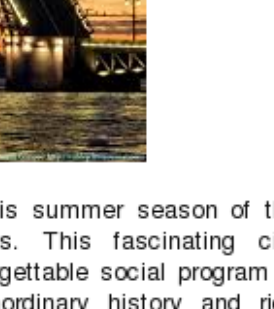
We now look forward with great excitement to an even more intense collaboration with our new EC members.

With all best wishes

Dennis Linder, ESDaP President

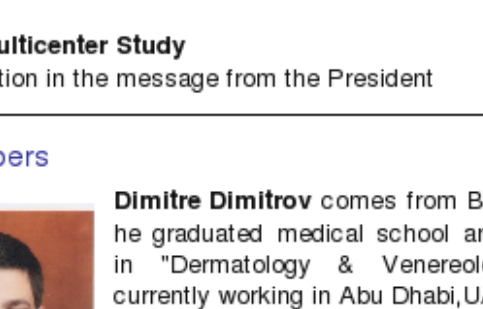
Towards the new congress

Saint Petersburg, 2015



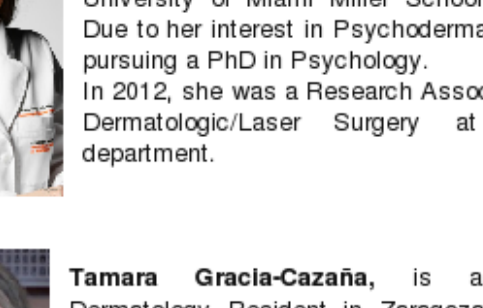
Dear colleagues,

In order to provide spreading scientific and practical work in the field of Psychodermatology around the world, a next 16th ESDaP Congress will be offered from June 25-28, 2015 in one of the most beautiful cities - Saint-Petersburg, Russia.



The congress is hosted by European Society for Dermatology and Psychiatry and supported by leading Russian professional organizations both fields. Motto of the Congress is "Psychodermatology - bridging the Gap between Body and Mind"

Participants will have the good opportunity to meet the best international experts in dermatology, psychiatry and psychology, discuss the latest developments at the congress sessions and exhibition and discover new professional and personal contacts including colleagues from different East European and Asian countries.



St. Petersburg has especial charms in this summer season of the mysterious twilight of the White Nights. This fascinating city integrates all the components for an unforgettable social program in the framework of the meeting: an extraordinary history and rich cultural traditions, lavish architecture, high art, greatest bridges and canals, world-famous opera and ballet and of course Russian hospitality. Various guided tours over «The Venice of the North» and suburbs including visits to greatest palaces and museums will be organized during the Congress days.

Prof L'vov Andrei

What's new in ESDaP Projects?

Self-inflicted skin lesions: treatment

The task force is now working on a publication about treatments.

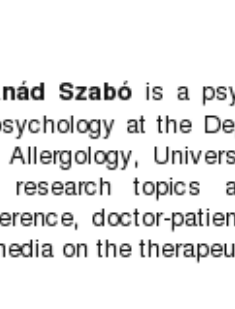
European Multicenter Study

More information in the message from the President

New members

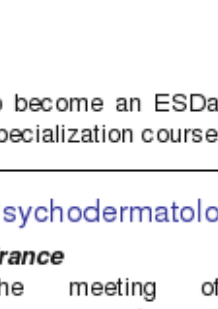


Dimitre Dimitrov comes from Bulgaria, where he graduated medical school and specialized in "Dermatology & Venereology". He is currently working in Abu Dhabi, UAE. He believes being a member of ESDaP will increase his knowledge, skill and capability to help his patients.

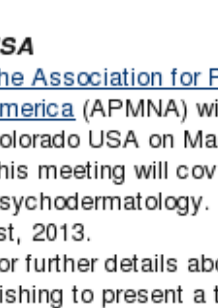


Patrick Dominguez recently graduated from the Harbor-UCLA Dermatology residency program. He is now a general dermatologist in clinical practice at CA Health in Whittier, CA USA. His clinical interests include

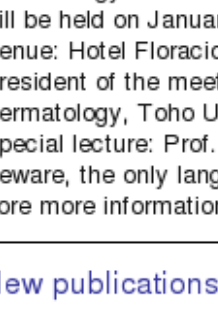
psychodermatology and his research interests include the epidemiology of psoriasis co-morbidities.



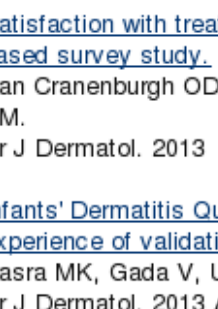
Katlein Franca (MD, MSc) is a Volunteer Assistant Professor in the Department of Dermatology & Cutaneous Surgery at the University of Miami Miller School of Medicine. Due to her interest in Psychodermatology, she is pursuing a PhD in Psychology. In 2012, she was a Research Associate Fellow in Dermatologic/Laser Surgery at the same department.



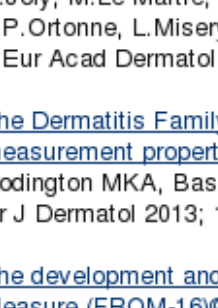
Tamara Gracia-Cazaña, is a 4th year Dermatology Resident in Zaragoza, Spain. She has a Master degree in Research and Oncology. She is interested in Psychodermatology and belongs to the Aragon Psychodermatology Research Group. **Winner of the ESDaP prize essay**



Lakshmi Bhuvaneshwar Kartha is a final year resident in the Department of Dermatology, Venereology and Leprosy in Jawaharlal Institute of Postgraduate Medical Education and Research. She is pursuing her dissertation on the role of iron deficiency in diffuse hair loss. Her fields of interest include Paediatric dermatology, Psychodermatology, Immunology and Dermatopathology. **Winner of the ESDaP prize essay**



Deepthi Konda, final year Junior resident, is pursuing M.D Dermatology in JIPMER, Puducherry, India. She is a member of All India Association of Dermatologists, Venereologists and Leprologists (IADVL). Her fields of interest in Dermatology are Paediatric dermatology, Psychodermatology and Cosmetology. **Winner of the ESDaP prize essay**

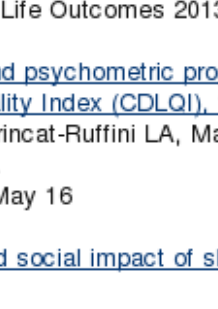


Dr Christian Krueger is from Greifswald/Germany. After studying Pedagogy, History and Communication Studies, he completed a PhD on well-being of patients with vitiligo at the University of Bradford/UK, supervised by Prof Karin Schallreuter. An 18-months Postdoc followed from 2009. Working currently as a counsellor for students, Dr Krueger continued research activities as volunteer for the Institute for Pigmentary Disorders in Germany, which resulted in publications.

Ekaterina Matyushenko, from Russia, was already a member. She is working at the department of psychiatry and psychosomatic medicine of First Moscow State Medical I.M. Sechenov University. Her field of interest is psychodermatology and her PhD diploma devoted to Body Dysmorphic Disorder in dermatological patients. **Winner of the ESDaP prize essay**



Csanád Szabó is a psychologist and a teacher of psychology at the Department of Dermatology and Allergology, University of Szeged, Hungary. His research topics are: psychodermatology, adherence, doctor-patient interaction, the effects of media on the therapeutic relationship



Noemi E. Weber **Wahrhaftig**, Dermatologist since 1989, has a private practice in Brazil and also works visiting patients in their homes regularly. She has always been interested in the Psychodermatology area looking for a more humanistic approach to dermatology. This led her to become an ESDaP member and she is currently taking a 3 year specialization course in Psychoanalytic Psychosomatics.

Psychodermatology around the world

France

The meeting of the **The Frenchspeaking Society for Psychosomatic Dermatology** (SFDFS) was held on the 21th of september 2013, on the theme "Doctor-patient relationship: which expectations?" A two days course is also organised. Interested? Contact [Nathalie Faton-Danou](mailto:Nathalie.Faton-Danou).

USA

The Association for Psychoneurocutaneous Medicine of North America (APMNA) will be holding its 24th annual meeting in Denver, Colorado USA on March 20th, 2014 from 8:30 AM to 5:30 PM. This meeting will cover latest advances in the field of Psychodermatology. Abstract submission will start from September 1st, 2013. For further details about registration, hotel accommodation and wishing to present a talk, please visit www.psychodermatology.us or contact Mohammad Jafferany, MD at mjajferany@yahoo.com

JAPAN

The 4th annual meeting of the Japanese Society of Psychosomatic Dermatology will be held on January 28th 2014 (Sunday) Venue: Hotel Floracion Aoyama, Minato-ku, Tokyo President of the meeting: Prof. Hideki Mukai, Department of Dermatology, Toho University Ohashi Medical Center Special lecture: Prof. John Koo (UCSF) Beware, the only language will be Japanese. For more information, please visit <http://jpsd-ac.org/en/index.shtml>

New publications from our members

New book : [Dermatological Diseases and Cumulative Life Course Impairment](#), Linder M.D. (Padua/Graz), Kimball A.B. (Boston, Mass.), Current Problems in Dermatology, Vol. 44, Year 2013

[Satisfaction with treatment among patients with psoriasis: a web-based survey study](#), Van Cranenburgh OD, de Korte J, Sprangers MA, de Rie MA, Smets EM. Br J Dermatol. 2013

[Infants' Dermatitis Quality of Life Index \(IDQoL\): a decade of experience of validation and clinical application](#), Basra MK, Gada V, Ungaro S, Finlay AY, Salek SM. Br J Dermatol. 2013 Aug 2. doi: 10.1111/bjd.12563. [Epub ahead of print]

[Alcohol consumption and psoriasis: a systematic literature review](#), E Brenaut, C.Horreau, C.Poupard, T.Batnelche, C.Paul, M.A.Richard, P.Joly, M.Le Maitre, S.Aractingi, F.Aubin, B.Cribier, D.Jullien, J.P.Ortonne, L.Misery J Eur Acad Dermatol Venereol, 2013

[The Dermatitis Family Impact Questionnaire: a review of its measurement properties and clinical application](#), Dodington MKA, Basra MK, Finlay AY, Salek MS. Br J Dermatol 2013; 169: 31-46

[The development and validation of the Family Reported Outcome Measure \(FROM-16\) to assess the impact of disease on the partner or family member](#), Golics CJ, Basra MK, Finlay AY, Salek S. Qual Life Res. 2013 Jun 25. [Epub ahead of print]

[Concept of major life-changing decisions in life course research](#), Bhatti ZU, Salek S, Finlay AY. Curr Probl Dermatol. 2013;44:52-66.

[Alcohol consumption : is it a risk factor for psoriasis ?](#), E.Brenaut, T.Barnetche, L.Misery J Dermatol, 2013

[Therapeutic patient education in atopic dermatitis : worldwide experiences](#), J.F.Stalder, C.Bernier, A.Ball, L.De Rave, U.Gieler, M.Delauran, D.Marcoux, LE.Eichenfield, P.Lio, S.Lewis-Jones, C.Gelmetti, R.Takaoka, C.Chiaverini, L.Misery, S.Barbarot and for the Oriented Patient-Education Network in Dermatology (OPENED) *Pediatr Dermatol*, 2013

[Anxiety, Depression, Quality of Life and Patient Satisfaction in Acne Patients Treated with Oral Isotretinoin](#), Mannon SE, Tomas-Aragones L, Boira S. Acta Derm Venereol. 2013

[The impact of disease on family members: a critical aspect of medical care](#), Golics CJ, Basra MK, Finlay AY, Salek S. J R Soc Med. 2013 May 28. [Epub ahead of print]

[The development and validation of the Major Life Changing Decision Profile \(MLCDP\)](#), Bhatti ZU, Salek SS, Bolton CE, George L, Halcox JP, Jones SM, Ketchell IR, Moore RH, Sabit R, Piquet V, Finlay AY. Health and Quality of Life Outcomes 2013; 11(1): 78 (epub)

[Clinical experience and psychometric properties of the Children's Dermatology Life Quality Index \(CDLQI\), 1995-2012](#), Salek MS, Jung S, Brinca-Ruffini LA, Macfarlane L, Lewis-Jones MS, Basra MK, Finlay AY. Br J Dermatol. 2013 May 16

[The psychological and social impact of skin diseases on people's lives](#), All Party Parliamentary Group on Skin, London, UK, April 2013.

[Le syndrome des morgellons : une maladie transmissible par les médias](#), L. Misery Ann Dermatol Venereol, 2013

If you have information you wish to share with the members, please send it to esdap.newsletter@gmail.com.

Thanks for reading,

Françoise Poot, Lucia Tomas, Gregor Jemec

ESDaP subspecialty meeting in Istanbul: Have a look at the programme

Fostering Course for Residents

14 - 18 July 2014. Soon on the EADV website. Don't hesitate to contact us!

Roskilde Congress

See attached the report of the organizers