



## ESDaP spring newsletter

You read us from all over the world! If you want to go from virtual to real encounter, we offer you the opportunity to meet this summer in Brussels.

Dear members,

This is our second newsletter. The first one was read all over the world!



It seems that this is a good way to **enhance the communication inside the society**.

We encourage the local societies to forward it to their members if they want to be informed about what's happening on an international level. So the communication will spread worldwide!

#### Next important step, our summer school.

The first Summer School for practitioners was held in 2010. Twenty practitioners met in the EADV House in Brussels.

What happened there?

During the workshops and small group work, we spotted several **common difficulties** among the participants.

How to **better communicate with the patient**, how to announce bad news and how to reach the true problems beyond the symptoms were some well-appreciated workshops.

The participants had the opportunity to improve their communication skills in an atmosphere full of respect and understanding.

Also pointed out in the workshop: how to take care of oneself as caregiver to **avoid burn-out** and to be protected from invading patients.

The participants learned also how to manage patients with self-inflicted lesions, depressed patients and psychiatric patients.

Quality of life and the burden of the disease were other facets of this training: how to measure it, how to **help the patient to cope** with chronic diseases.

And do you know what?

This training has created a strong **friendship** between the participants. Most of them have kept contact with each other and the team of ESDaP teachers.



Interested?

There are **still available places** to participate this summer in Brussels. Don't hesitate. [Apply now!](#)

#### Towards the new congress

ESDaP 15th meeting will take place on June 6-9 2013, in Roskilde, Denmark.



The local organiser has invited the Executive Committee in Denmark to work on it.



More information on [www.esdap2013.org](http://www.esdap2013.org)

#### What's up in ESDaP projects?

##### Self-inflicted Lesions in Dermatology: Terminology and Classification

During a separate meeting in Denmark, the manuscript has been improved substantially. It is now ready to be submitted.

##### A European Multicenter study on depression, anxiety, well-being and attachment among adult patients with common skin disorders

During the autumn of 2011 the 16 participating centers have worked with methodological issues such as the translation of questionnaires and local ethical approval. The data collection started December 2011 in several centers and later in others, the collection is running until June 2012. So far 689 patients are included in the study. The control group data collection will start in April 2012.

#### Psychodermatology around the world

##### Association of Psychocutaneous Medicine of North America (APMNA) annual meeting

will be held the day prior to the commencement of the AAD congress in San Diego, California. (March 15, 2012)

The meeting will be held in "Del Mar Room, 3rd level, South Tower, San Diego Marriott Marquis & Marina, 333 West Harbor Drive, San Diego, CA 92101". Phone: 619-234-1500.

Find attached the program.

##### Annual meeting of the Spanish Society

The 8th Meeting of the Spanish Group of Psychiatric Dermatology took place in Valencia from the 1st to the 3rd of March.

There were a total of 35 lectures and oral presentations from Spain, one from Argentina by Dr Ulnik, and one from Mexico by Dr Gonzalez Solis.

A variety of topics were discussed, among them was a case of Hematidrosis, two reports on dermatitis simulate, and a review of Psychiatric disorders secondary to interferon alpha 2b.

Website: [www.gedepsi2012.com](http://www.gedepsi2012.com)

##### The 3rd Croatian Congress of Psychodermatology with International Participation

will take place in Split, Croatia from 4th till 7th October 2012.

The Congress is organized by dermatologists, psychologists and psychiatrists with great experience and international reputation and will get together many experts in the field of psychodermatology from Croatia and abroad.

Website: <http://psychodermatology2012.com/>

##### 29th European Conference on Psychosomatic Research (ECPR) & 15th Annual Scientific Meeting of the European Association of Consultation Liaison and Psychosomatics

will take place in Aarhus, Denmark (27-30 June 2012)

Website: <http://www.eaclpp-ecpr2012.dk>

#### New publications from our members

##### [Assessment of Pruritus Intensity: Prospective Study on Validity and Reliability of the Visual Analogue Scale, Numerical Rating Scale and Verbal Rating Scale in 471 Patients with Chronic Pruritus.](#)

Phan NQ, Blome C, Fritz F, Gerss J, Reich A, Ebata T, Augustin M, Szepletowski JC, Ständer S.

Acta Derm Venereol. 2011 Dec 15.

##### [Innovative Neurophysiological Methods in Itch Research: Longlatency Evoked Potentials after Electrical and Thermal Stimulation in Patients with Atopic Dermatitis.](#)

Marina M. Yudina, Galina G. Toropina, Andrey N. Lvov and Uwe Gielert.

Acta Derm Venereol 2011 oct.

##### [Chronic diseases influence major life changing decisions: a new domain in quality of life research.](#)

Bhatti Z, Salek M, Finlay

A.J R Soc Med. 2011 Jun

##### [Quality of life in patients with uraemic xerosis and pruritus.](#)

Szepletowski JC, Balaskas E, Taube KM, Tabery A, Dupuy P; Uraemic Xerosis Working Group.

Acta Derm Venereol. 2011 May

##### [Somatic-type delusional disorder: a case report and comments.](#)

Kepska A, Hawro T, Krupinska-Kun M, Zalewska A. Acta Derm Venereol. 2011 Mar

##### [Major life changing decisions and cumulative life course impairment.](#)

Bhatti ZU, Salek MS, Finlay AY.J Eur Acad Dermatol Venereol. 2011 Feb

##### [Suicidal ideation, mental health problems, and social impairment are increased in adolescents with acne: a population-based study.](#)

Halvorsen JA, Stern RS, Dalgard F, Thoresen M, Bjertness E, Lien L. J Invest Dermatol. 2011 Feb

If you have information you wish to share with the members, please send it to [esdap.newsletter@gmail.com](mailto:esdap.newsletter@gmail.com).

Thanks for reading,

Françoise Poot, Lucia Tomas, Gregor Jemec

Coming soon!

EADV fostering course for practitioners 19-22 July 2011 Brussels

**Hurry up, deadline for registration is march 31st.**

Resume and case may be sent later.

[For more information](#)

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**We are waiting for your proposals to give a lecture!**

Note that it will take place the 26th march from 1 to 5 pm, just before the opening ceremony.

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**Announcement of a prize essay**

Invitation to trainees **Deadline extended to May 15th**

[For more information](#)

Visit our Website [www.psychodermatology.net/](http://www.psychodermatology.net/)

