



## ESDaP Spring newsletter

2019, an exciting year!

Dear ESDaP Members, dear friends,

We have an exciting year ahead for Psychodermatology. We will be celebrating our ESDaP Congress in Giessen, Germany, which promises to be a great event with a program that has been given much thought. Thank you to Giessen team for all the work they are putting in to make this congress challenging and successful. The dates are 20th – 22nd June 2019, the title: [The skin patient – a multidisciplinary challenge](#). Hope to see you there!

In October ESDaP will also be offering a new training course on [practical aspects and management in psychodermatology](#). The dates are: 24th – 26th October 2019, in the beautiful city of Brussels. Sign up, attendance to this course is an important step to the ESDaP diploma in Psychodermatology.

Talking about the diploma, as some of you already know, ESDaP has decided to launch a Psychodermatology Diploma. You can work towards credits for this diploma by attending meetings such as our congresses, our psychodermatology meetings - this year the World Congress in Milan and the EADV Congress in Madrid, and the psychodermatology training courses we organize every year.



Reduced rates are offered to ESDaP members who are up to date with their membership fees. Acta Dermato-Venereologica have just sent the link to pay the 2019 ESDaP membership fee. We encourage you to click on the link and make the payment so that you do not forget.

We very much look forward to meeting you at some of these meetings.

## Towards the new congress

We are happy to announce that ESDaP members and health professionals interested in the field of psychodermatology are now able to submit abstracts for the 18th ESDaP-Congress.



The program will consist of keynote and invited lectures on itch by Prof. Gil Yosipovitch (University of Miami Miller School of Medicine, USA), Prof. Sonja Ständer (University of Münster, GER), Prof. Elke Weisshaar (University of Heidelberg, GER) and Prof. Andrea Evers (University of Leiden, NL).

In addition, we are delighted that Dr. Andrew Thompson (University of Sheffield, GB) will talk about psychotherapy for skin patients and that Prof. Uwe Gielert (University of Gießen, GER) will give a keynote on patient education and e-health programs for patients with skin diseases.

Symposia on stigmatization (invited speakers: Prof. Christoph Mulert, Prof. Jan Häusser (both University of Gießen, GER) and Dr. Florence Dalgard (University of Lund, SW), psychosomatics, psychoneuroimmunology (invited speakers: Prof. Christos Zouboulis (Brandenburg Medical School, GER) and Prof. Eva Peters (University of Gießen and University of Berlin, GER)), patient education and e-health offer the possibility to discuss these topics from different perspectives.

Friday morning will be dedicated to young scientists. Junior as well as mid-term career scientists will have the opportunity to present their work and be awarded prizes for the best oral presentations as well as poster presentations. Moreover, early career scientists will be able to meet experts in the field of psychodermatology during a mentoring lunch.

## About the ESDaP workshop on Body Dysmorphic Disorder

I was fortunate to attend the ESDaP workshop on Body Dysmorphic Disorder held in Brussels between 8th – 10th November 2018, at the beautiful Maison Notre Dame du Chant d'Oiseau.



Drs Poot, Tomas-Aragones and Sampogna were our faculty.

Dr Francoise Poot with her wide experience in Family Therapy, taught us Communication skills to help us improve our interactions with Psychodermatology patients, as well as BDD criteria, use of psychotropic drugs and the genogram. Dr Lucia Tomas-Aragones, being a psychologist, taught us diagnosis of BDD, CBT and case studies to discuss. Dr Francesca Sampogna, is an epidemiologist and helped us to interpret the data on BDD studies.

There was a friendly atmosphere and enthusiasm to learn the art of Psychodermatology. All this in a comfortable and pleasant conference room, helped to create the ideal platform for learning. In all it was a wonderful experience.

Dr Ram H Malkani

## New publications from our members

C. Krüger, K.U. Schallreuter (2018). [Increased levels of anxious-depressive mood in parents of children with vitiligo](#). Eur J Pediatr Dermatol, Vol 28 No 2: 70-78

Andersen, H.H., Akiyama, T., Nattkemper, L.A., Van Laarhoven, A.I.M., Elberling, J., Yosipovitch, G., & Arendt-Nielsen L. (2018). [Alloknesis and hyperknesis - mechanisms, assessment methodology and clinical implications of itch sensitization](#). Pain, 159(7), 1185-1197. doi:10.1097/j.pain.0000000000001220

Andersen, H.H., Van Laarhoven, A.I.M., Justesen, F.D., Pedersen, J.B., Sørensen, L.L., Jensen, L.P., & Arendt-Nielsen, L. (2018). [Capsaicin-sensitive cutaneous primary afferents convey electrically induced itch in humans](#). Neuroscience Letters, 666, 186-189. doi:10.1016/j.neulet.2017.11.061

Bartels, D.J.P., Van Laarhoven, A.I.M., Van de Kerkhof, P.C.M., & Evers, A.W.M. (2018). [Do nocebo effects on itch generalize to scratching behavior](#). Acta Dermato-Venereologica, 98(10), 943-950. doi:10.2340/00015555-2979

Chernyshov, P.V., Tomas-Aragones, L., Manolache, L., Svensson, A., Marron, S.E., Evers, A.W.M., Bettoli, V., Jemec, G.B., & Szepletowski, J.C. (2018). [Which acne treatment has the best influence on health-related quality of life? Literature review by the European Academy of Dermatology and Venereology Task Force on Quality of Life and Patient Oriented Outcomes](#). Journal of the European Academy of Dermatology and Venereology, 32(9), 1410-1419. doi:10.1111/jdv.15048

Chernyshov, P.V., Zouboulis, C.C., Tomas-Aragones, L., Jemec, G.B., Manolache, L., Tzellos, T., Sampogna, F., Evers, A.W.M., Dessinioti, C., Marron, S.E., Bettoli, V., Van Cranenburgh, O.D., Svensson, A., Liakou, A.I., Poot, F., Szepletowski, J.C., Salek, M.S., & Finlay, A.Y. (2018). [Quality of life measurement in acne. Position Paper of the European Academy of Dermatology and Venereology Task Force on Quality of Life and Patient Oriented Outcomes and Acne, Rosacea and Hidradenitis Suppurativa](#). Journal of the European Academy of Dermatology and Venereology, 32(2), 194-208. doi:10.1111/jdv.14585

Van Laarhoven, A.I.M., Van Damme, S., Lavrijsen, A.P.M., Van Ryckeghem, D.M., Crombez, G. & Evers, A.W.M. (2018). [Attentional processing of itch](#). Psychological Research, 82(5), 876-888. doi:10.1007/s00426-017-0878-2

Meeuwis, S.H., Van Middendorp, H., Veldhuijzen, D.S., Van Laarhoven, A.I.M., De Houwer, J., Lavrijsen, A.P.M., & Evers, A.W.M. (2018). [Placebo effects of open-label verbal suggestions on itch](#). Acta Dermato-Venereologica, 98(2), 268-274. doi:10.2340/00015555-2823

Peerdeman, K.J., Tekampe, J., van Laarhoven, A.I.M., van Middendorp, H., Rippe, R.C.A., Peters, M.L., & Evers, A.W.M. (2018). [Expectations about the effectiveness of pain- and itch-relieving medication administered via different routes](#). European Journal of Pain, 22, 774-783. doi:10.1002/ejp.1163 \*joint first authorship

Roest, Y.B.M., Van Middendorp, H., Evers, A.W.M., Van de Kerkhof, P.C.M., & Pasch, M.C. (2018). [Nail involvement in alopecia areata: A questionnaire-based survey on clinical signs, impact on quality of life and review of the literature](#). Acta Dermato-Venereologica, 98(2), 212-217. doi:10.2340/00015555-2810

Spillekom-van Koulik, S., Ferwerda, M., Van Beugen, S., Van Middendorp, H., Van de Kerkhof, P.C.M., Van Riel, P.L.C.M., & Evers, A.W.M. (2018). [Tailored therapist-guided internet-based cognitive-behavioral treatment for psoriasis and rheumatoid arthritis: Two case reports](#). Acta Dermato-Venereologica, 98, 225-233. doi:10.2340/00015555-2803

Tekampe, J., Peerdeman, K.J., Bartels, D.J.P., Van Laarhoven, A.I.M., & Evers, A.W.M. (2018). [Placebo- und nocebo-effekte bei Pruritus: methodologische und klinische Implikationen](#). Hautarzt, 69(8), 626-630. doi:10.1007/s00105-018-4211-9

Evers, A.W.M., Colloca, L., Bleasle, C., Atlas, L.Y., Benedetti, F., Bingel, U., Büchel, C., Carvalho, C., Colagiuri, B., Crum, A.J., Enck, P., Gaab, J., Geers, A.L., Howick, J., Jensen, K.B., Kirsch, I., Meissner, K., Napadow, V., Peerdeman, K.J., Raz, A., Rief, W., Vase, L., Wager, T.D., Wampold, B.E., Weimer, K., Wiech, K., Kaptchuk, T.J., Klinger, R., & Kelley, J.M. (2018). [Implications of placebo and nocebo effects for clinical practice: Expert consensus](#). Psychotherapy and Psychosomatics, 87(4), 204-210. doi:10.1159/000490354

Smits, R.M., Veldhuijzen, D.S., Wulffraat, N.M., & Evers, A.W.M. (2018). [The role of placebo effects in immune-related conditions: mechanisms and clinical considerations](#). Expert Review of Clinical Immunology, 14(9), 761-770. doi:10.1080/1744666X.2018.1516144

Mohandas P, Ravenscroft JC, Bewley A. [Dermatitis artefacta in childhood and adolescence: a spectrum of disease](#). G Ital Dermatol Venereol. 2018 Aug;153(4):525-534. doi: 10.23736/S0392-0488.18.06019-4. Epub 2018 Apr 19. Review.

## Psychodermatology around the world

## Report of the Annual Psychodermatology UK Meeting 2019

The annual meeting was held at the historical Governor's Hall, St Thomas' Hospital, London. It was well attended with over 60 delegates, including dermatologists, psychiatrists and psychologists. A total of nine case presentations were delivered to the audience on topics ranging from new entities (e.g. atypical trigeminal trophic syndrome) to patient-focused technologies (e.g. a habit reversal app). The first prize for case presentations went to Dr Gkini for her thought-provoking presentation on how dermatologists are affected by patients with delusional infestation. Posters for the meeting were equally fascinating, covering interesting cases of paediatric dermatitis artefacta and ethical issues around safeguarding of children and vulnerable adults. First prize was awarded to Dr Patel for her poster presentation of extra-pyramidal symptoms associated with risperidone for delusional infestation, raising awareness of this rare side effect. Our guest speaker was Magali Redding, the founder of Eczema Outreach Support, a patient and carer support network for young people with eczema. The journey of this charitable programme, from inception to delivery, was insightful and we were delighted to see the positive reception from the eczema community. The meeting was, as usual, very interactive with an 'Ask the experts' session, which gave the audience the chance to discuss challenging cases. We were united in our appreciation for the hard work by Dr Susannah Baron, who organised this meeting in the last year of her position as Secretary of the Executive Committee. She will be succeeded by Dr Alia Ahmed. Our next meeting will be at the British Association of Dermatologists Annual Conference in Liverpool, UK (July 2019). We hope to see you there!

If you have information you wish to share with the members, please send it to [esdap\\_newsletter@gmail.com](mailto:esdap_newsletter@gmail.com).

Thanks for reading,

Françoise Poot, Lucia Tomas & Anthony Bewley

Submit abstracts for the 18th ESDaP Congress June 20-21-22/2019

[Click here](#)



