

ESDaP Spring newsletter

Next opportunities to meet

Dear ESDaP colleagues,

We are pleased to share with you our latest news...

20th ESDaP Congress in Rotterdam



June 22-24, 2023.  
ROTTERDAM – THE NETHERLANDS

We are pleased to invite you to join us at the 20th European Society for Dermatology and Psychiatry congress on 22, 23 and 24th of June in Rotterdam, the Netherlands.

**Early bird registration** with reduced fees are available until **April 1th 2023** through the congress website [www.esdap2023.com](http://www.esdap2023.com).

We are looking forward to hosting several sessions which will be opened by international experts on the topic, followed by research presented by young investigators and also by well-established researchers and clinicians.

We will host sessions on **itch, stigmatization, BDD and psychotrichology, psycho-dermatology, future of psychodermatology, pediatric psychodermatology, psychopharmacological treatment, psychotherapy and delusional infestation.**

We would especially like to highlight our keynote speakers:

**Keynote speakers**

**Professor Anthony Bewley (London, UK)** is the current president of the ESDaP and an expert psycho-dermatologist who will give his view on the Past, Present and Future of Psychodermatology.

**Dr. Hok Bing Thio (Rotterdam, the Netherlands)** is a dermatologist with the gift to explain complex mechanisms in the easiest way. He will guide us through the psycho-neuro-immunology of the skin.

**Professor Jorge Ulrik (Buenos Aires, Argentina)** is a psychoanalyst and psychiatrist with much experience in psychodermatology who will discuss psychodynamic approaches in dermatology.

**Professor Suzanne Pasmans (Rotterdam, the Netherlands)** is a pediatric dermatologist with a focus on innovation and the patient. She will discuss skin disease and impact on the family.

The full program is now available on the congress website [www.esdap2023.com/program](http://www.esdap2023.com/program).

A get-together during a walking dinner on Thursday evening is included in the registration. Coffee, tea, snacks and lunches are included as well.

Looking forward to meeting you in Rotterdam! Kind regards,

Andrea Evers, Patrick Kemperman, Nienke Vulink and Rick Waalboer-Spuij

World Congress of Dermatology in Singapore



Psychodermatology Symposium

European Society of Dermatology and Psychiatry, Association for Psychocutaneous Medicine of North America and Japanese Society of Psychosomatic Dermatology are jointly organizing a **half day symposium on Monday July 3rd, 2023 (13:30)** at World Congress of Dermatology in Singapore.

It will be a great opportunity to network and listen to speakers from different parts of the world related to the latest research on Psychodermatology.

Interested: [contact us](mailto:contact.us).

Online courses for the diploma of psychodermatology

**Psychodermatology Diploma**  
European Society for Dermatology and Psychiatry

A highly interactive program, especially designed for dermatologists, psychologists, psychiatrists and other healthcare professionals who work with patients affected from skin-related conditions

Explore the fascinating body-mind connection  
Learn effective therapeutic techniques to improve the quality of care  
Acquire valuable scientific knowledge

**Dates of live sessions:**  
Module 1: September 28, 29, 30  
Module 2: October 19, 20, 21  
Module 3: November 16, 17, 18  
Module 4: December 7, 8, 9

**Apply before the 1st of May** to benefit from the early bird registration fees!  
[www.psychodermatology.net](http://www.psychodermatology.net)

[Look here at the training!](http://www.psychodermatology.net)

We hope that our students can attend the ESDaP Congress in Rotterdam, where we will organise a [get together party](http://www.esdap2023.com). Please register [on the form!](http://www.esdap2023.com)

[www.psychodermatology.net](http://www.psychodermatology.net)

Psychodermatology around the world

**BELGIUM**

**Belgian Psychodermatology Group**

A group of psychodermatologists has been created in 2022.  
Contact: [belgian.psychodermatology.group@gmail.com](mailto:belgian.psychodermatology.group@gmail.com)

The next events from this group:

\*Workshop for residents in dermatology at HUB Erasme 26/04/2023  
\*Webinar 5-10-23: Doctors in Difficulty: why a training in doctor-patient relationship ? (French and Dutch language - Belgian Health Care providers)

**USA**

**APMNA National Meeting on 16th of March 2023 in New Orleans**

Successful meeting of APMNA (Association for Psychocutaneous Medicine of North America) concluded with renewed determination that skin and psyche cannot be separated. The meeting was well attended by delegates from 17 countries. Meeting started with opening reception on March 15 and concluded with gala dinner in a nice restaurant in French Quarters.

**New members**

**Badvey Sushitra - UK**

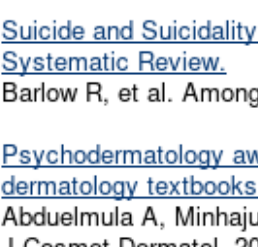
**Chakiri Radia - Morocco**

**Mirna Nabil - Egypt**



A psychiatry resident who is currently pursuing masters degree in neuropsychiatry from Faculty of medicine Ain shams university and a clinical nutrition diploma from faculty of medicine Cairo university. Fond of the relation between mind, skin, body image & eating disorders. And considering it as a house of cards so following a holistic approach of psychopharmacology, psychotherapy and nutrition.

**Choi Elie - Singapore**



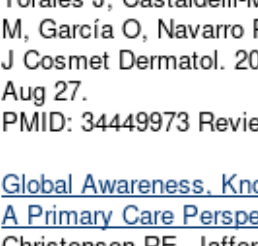
Elie Choi is a dermatologist with the National University Healthcare System, Singapore and junior faculty at the National University of Singapore School of Medicine. Her research interest is in behavioural medicine, particularly on understanding the discordant perceptions patients and physicians have toward the disease.

**Klimenko Taras - Finland**

**Rabufeti Andrea - Switzerland**

**Masharov Alexander**

**Slope Dana - Australia**



Dr Dana Slope is Australia's first Aboriginal dermatologist. She provides dermatological care to priority populations in remote and urban areas of need. Dana is the clinical lead in dermatology for state prison service where she provides weekly clinics for children and adults in custody.

**Van Eijsden Claire - The Netherland**

Publications from our members

[Suicide and Suicidality in Children and Adolescents with Chronic Skin Disorders: A Systematic Review.](#)  
Barlow R, et al. Among authors: bewley a. Acta Derm Venereol. 2023

[Psychodermatology awareness: Representation of psychocutaneous diseases in dermatology textbooks.](#)  
Abduelmula A, Minhajur Rahman S, Jafferany M. J Cosmet Dermatol. 2022 Oct;21(10):5266-5269. doi: 10.1111/jocd.14917. Epub 2022 Mar 21. PMID: 35285141 No abstract available.

[Psychodermatology in psychiatry: awareness and education among psychiatry trainees.](#)  
Blee I, Da Costa J, Powers N, Omanyondo S, Charles A, Goulding JMR. Clin Exp Dermatol. 2022 Jan;47(1):145-147. doi: 10.1111/ced.14850. Epub 2021 Sep 2. PMID: 34260104 No abstract available.

[Somatization in dermatology.](#)  
Millington GW, Shobajo MT, Wall J, Jafferany M. Skin Health Dis. 2022 Sep 29;2(4):e164. doi: 10.1002/ski2.164. eCollection 2022 Dec. PMID: 36479272 Free PMC article. Review.

[Alopecia areata: A psychodermatological perspective.](#)  
Torales Garcia, Castaldelli-Maia JM, Ventriglio A, Almirón-Santacruz J, Barrios I, O'Higgins M, Garcia O, Navarro R, Melgarejo O, Jafferany M. J Cosmet Dermatol. 2022 Jun;21(6):2318-2323. doi: 10.1111/jocd.14416. Epub 2021 Aug 27. PMID: 34449973 Review.

[Global Awareness, Knowledge, and Practice Patterns of Psychocutaneous Medicine: A Primary Care Perspective.](#)  
Christensen RE, Jafferany M. Prim Care Companion CNS Disord. 2022 Jul 26;24(4):2103175. doi: 10.4088/PCC.21r03175. PMID: 35926854

[Psychodynamic approach in the treatment of trichotillomania.](#)  
Aukerman EL, Nakell S, Jafferany M. Dermatol Ther. 2022 Feb;35(2):e15218. doi: 10.1111/dth.15218. Epub 2021 Nov 30. PMID: 34816545 No abstract available.

[Body dysmorphism in common skin diseases: results of an observational cross-sectional multicentre study among dermatological outpatients in 17 European countries.](#)  
Schut C, Dalgaard FJ, Bewley A, Evers AWM, Gielier U, Lien L, Sampogna F, Ständer S, Tomás-Aragones L, Vulink N, Finlay AY, Legat FJ, Titeca G, Jermec GB, Misery L, Szabó C, Grivocheva-Panova V, Spillekom-van Koullis S, Balieva F, Szepletowski JC, Reich A, Roque Ferreira B, Lvov A, Romanov D, Marron SE, Gracia-Cazaña T, Svensson A, Altunay IK, Thompson AR, Zeidler C, Kupfer J; ESDAP Study collaborators. Br J Dermatol. 2022 Jul;187(1):115-125. doi: 10.1111/bjd.21021. Epub 2022 May 22. PMID: 35041211 Free PMC article.

[Psychocutaneous Medicine in Iraq: Current Status and Recommendations.](#)  
Altaha L, Jafferany M, Khan A. Prim Care Companion CNS Disord. 2022 Apr 21;24(2):21m03077. doi: 10.4088/PCC.21m03077. PMID: 35452572

[\[My tongue is burning\]-Glossodynia/orofacial pain disorder.](#)  
Gielier U, Gielier T, Steinhoff M. Dermatologie (Heidelb). 2022 Sep;73(9):701-707. doi: 10.1007/s00105-022-05037-x. Epub 2022 Aug 23. PMID: 35997968 Free PMC article. German.

[Promoting Psychodermatology: too few Psychocutaneous articles in leading dermatology journals.](#)  
Mostaghimi L. J Eur Acad Dermatol Venereol. 2023 Mar;37(3):e380-e381. doi: 10.1111/jdv.18579. Epub 2022 Oct 8. PMID: 36149302 No abstract available.

[Psychological Aspects of Hair Disorders: Consideration for Dermatologists, Cosmetologists, Aesthetic, and Plastic Surgeons.](#)  
Moattari CR, Jafferany M. Skin Appendage Disord. 2022 May;8(3):186-194. doi: 10.1159/000519817. Epub 2021 Nov 23. PMID: 35707291 Review.

[Body dysmorphic disorder in patients with acne: treatment challenges.](#)  
Kobusiewicz A, Tomas-Aragones L, Marron SE, Zalata Z, Zaleska-Janowska A. Postepy Dermatol Alergol. 2022 Feb;39(1):221-222. doi: 10.5114/ada.2022.113616. Epub 2022 Feb 28. PMID: 35369625 Free PMC article. No abstract available.

[Assessing and Improving Psychological Well-Being in Psoriasis: Considerations for the Clinician.](#)  
Blackstone B, Patel R, Bewley A. Psoriasis (Auckl). 2022 Mar 25;12:25-33. doi: 10.2147/PTT.S328447. eCollection 2022. PMID: 35371967 Free PMC article. Review.

[Self-Reported Hidradenitis Suppurativa Severity: Is It Useful for Clinical Practice?](#)  
Krajewski PK, Marrón SE, Tomas Aragones L, Gilaberte-Calzada Y, Szepletowski JC. Dermatol Ther (Heidelb). 2022 Apr;12(4):899-909. doi: 10.1007/s13555-022-00701-5. Epub 2022 Mar 10. PMID: 35274220 Free PMC article.

[The psychosocial consequences of androgenetic alopecia: A systematic review.](#)  
Aukerman EL, Jafferany M. J Cosmet Dermatol. 2023 Jan;22(1):89-95. doi: 10.1111/jocd.14983. Epub 2022 Apr 25. PMID: 35403805 Review.

[Hidradenitis Suppurativa Quality of Life 24 \(HSQoL-24\) now available for Polish patients: creation and validation of the Polish language version.](#)  
Krajewski PK, Bardowska K, Matusiak Ł, Szepletowska M, Tyczyńska K, Marron SE, Tomas Aragones L, Szepletowski JC. Postepy Dermatol Alergol. 2022 Dec;39(6):1053-1058. doi: 10.5114/ada.2022.114885. Epub 2022 Mar 27. PMID: 36686006 Free PMC article.

[Quality of life assessment in core oriented sets: A position statement of the EADV Task Force on Quality of Life and Patient Oriented Outcomes.](#)  
Chernyshov PV, Evers AWM, Bewley A, Linder M, Salek MS, Marron SE, Manolache L, Pustisek N, Abeni D, Sampogna F, Tomar A, Salek MS, Szepletowski JC. J Eur Acad Dermatol Venereol. 2022 Jan;36(1):20-23. doi: 10.1111/jdv.17725. Epub 2021 Oct 23. PMID: 34687091

[Testing some psychometric properties of the Italian version of the Skin Cancer Index: A questionnaire for measuring quality of life in patients with non-melanoma skin cancer.](#)  
Samela T, Raimondi G, Sampogna F, Ricci F, Fania L, Mastroianni S, Fusari N, Salcedo NM, Dattolo A, Papanikolaou ES, Abeni D. Front Psychol. 2022 Nov 22;13:91080. doi: 10.3389/fpsyg.2022.91080. eCollection 2022. PMID: 36483696 Free PMC article.

[Risk Factors for Nonattendance in Delusional Infestation: A Multicenter Observational Study.](#)  
Kemperman P, Wennekers M, Lepping P, Bewley A, Aboalkaz S, Kazmi A, Waalboer-Spuij R. Dermatol Ther. 2023;239(1):116-121. doi: 10.1159/000525725. Epub 2022 Jul 25. PMID: 35878589 Free PMC article.

[Which Health-Related Quality of Life Items Most Affect Acne Patients?](#)  
Chernyshov PV, Sampogna F, Zouboulis CG, Boffa MJ, Marron SE, Manolache L, Pustisek N, Bettoli V, Koumaki D, Chubar O, Pochynok TV, Mintoff D, Bonitsis NG, Spillekom-van Koullis S, Driessen RJB, Chernyshov AV, Bewley AP, Evers AWM, Chernyshov IP, Tomas-Aragones L. Dermatol Ther. 2023;239(2):267-272. doi: 10.1159/000526602. Epub 2022 Dec 7. PMID: 36476839

[Quality of life measurement in vitiligo. Position statement of the European Academy of Dermatology and Venereology Task Force on Quality of Life and Patient Oriented Outcomes with external experts.](#)  
Chernyshov PV, Tomas-Aragones L, Manolache L, Pustisek N, Salavastru CM, Marron SE, Bewley A, Svensson A, Poot F, Suru A, Salek SS, Augustin M, Szepletowski JC, Koumaki D, Katoulis AC, Sampogna F, Abeni D, Linder DM, Speeckaert R, van Geel N, Senechal J, Ezzedine K, Finlay AY. J Eur Acad Dermatol Venereol. 2023 Jan;37(1):21-31. doi: 10.1111/jdv.18593. Epub 2022 Oct 19. PMID: 36259656

[Sensitivity to treatment and score bands of the Infants and Toddlers Dermatology Quality of Life questionnaire.](#)  
Chernyshov PV, Marron SE, Boffa MJ, Pustisek N, Manolache L, Kakourou T, Cacia M, Svyatenko T, Koumaki D, Chernyshov AV, Tomas-Aragones L. JAAD Int. 2022 Nov 25;10:61-67. doi: 10.1016/j.jidint.2022.11.009. eCollection 2023 Mar. PMID: 36688100 Free PMC article.

[BPrurigo Nodularis: A Review of IL-31RA Blockade and Other Potential Treatments.](#)  
ewley A, Homey B, Pink A. Dermatol Ther (Heidelb). 2022 Sep;12(9):2039-2048. doi: 10.1007/s13555-022-00782-2. Epub 2022 Aug 20. PMID: 35966886; PMCID: PMC9464280.

If you have information you wish to share with the members, please send it to [esdap.newsletter@gmail.com](mailto:esdap.newsletter@gmail.com).

Thanks for reading,

Françoise Poot, Francesca Sampogna & Anthony Bewley

The ESDaP Psychodermatology Diploma

4 online courses

Interested? [More info here](http://www.esdap2023.com)

Already a participant? [Register for the get together party at ESDaP congress in Rotterdam!](http://www.esdap2023.com)

Psychodermatology symposium at WCD in Singapore July 3rd 2023

We will hold a Sister Society meeting together with the APMNA (US) and the JPSD (Japan) at the World Congress of Dermatology in Singapore

[Contact us to participate!](http://www.esdap2023.com)