



ESDaP newsletter

New president and new statutes for our society

Dear ESDaP colleagues,

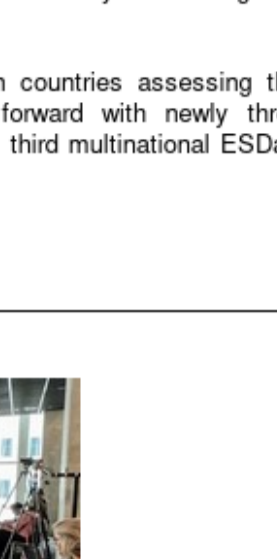
As the summer holidays are ending, we are pleased to share the latest news and opportunities to meet this year...

A word from our new president

Dear members,

As the new president of the ESDaP it is a pleasure to welcome new members!

During the last general assembly in June 2023 the Executive Committee voted new statutes for our society (See here the minutes of the GA). We aim at expanding our network with all health care professionals dedicated to the field of psychodermatology either in clinics, teaching or academics. We also welcome non-European members.



Our newly held Psychodermatology Congress in Rotterdam was truly stimulating and highly successful showing a growing activity in our field.

The ESDaP II study, a multi-centre study in 17 European countries assessing the psycho-social burden of skin diseases, is moving fast forward with newly three publications (see publication list), and several in process. A third multinational ESDaP study is now in the planning phase.

Florence Dalgard

20th ESDaP Congress in Rotterdam



From June 22nd to 24th the 20th ESDaP congress took place in Rotterdam, the Netherlands.

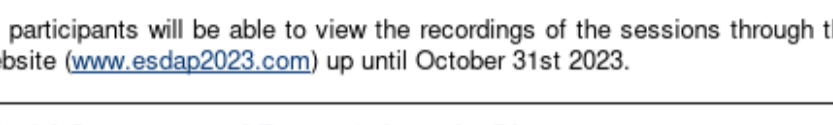
In the three days we have welcomed 115 participants live in Rotterdam and 22 online participants.

The kick-off was by the vice-mayor of Rotterdam, Vincent Karemans. Four amazing keynote lectures were given by prof. Tony Bewley, dr. Bing Thio, prof. Jorge Ulrik and prof. Suzanne Pasmans.

Fifty-five oral lectures were given in several psychodermatological themed sessions and 18 digital posters were presented. All of this by young researchers as well as established clinicians.

The three days were inspiring and motivating in a warm and relaxed atmosphere with a lot of room for meeting each other in the breaks.

The jury, chaired by dr. Jörg Kupfer, awarded Aviël Ragamin (Erasmus MC, the Netherlands) and Jard Mattens (LUMC, the Netherlands) with the best poster and best oral lecture award.



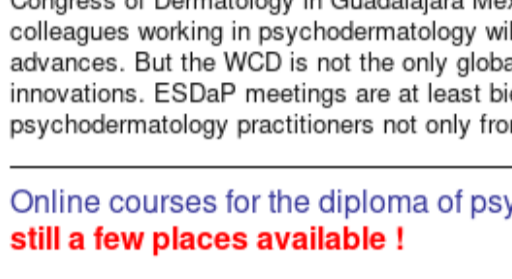
The Herman Musaph Award was given to Dr Jacek Szepietowski, for his work in the field of psychodermatology, quality of life and itch.



The local organizing committee (Rick Waalboer-Spuij, Patrick Kemperman, Nienke Vullink and Andrea Evers) is very grateful for the amazing participation and looks back on a great meeting.

All participants will be able to view the recordings of the sessions through the congress website (www.esdap2023.com) up until October 31st 2023.

World Congress of Dermatology in Singapore



Psychodermatology Symposium

The World Congress of Dermatology hosted a tricontinental Psychodermatology Symposium between ESDaP (The European Society for Dermatology and Psychiatry), The APMNA (The Association of Psychoneurocutaneous Medicine of North America) and the JPSD (The Japanese Society of Psychosomatic Medicine) in July this year.

The 3 chairs (photo) were Mohammad Jafferany (APMNA US) Makoto Hashiro (JSPD) Anthony Bewley (ESDaP).

The meeting was attended by over 150 delegates and discussed the latest advances in psychodermatology from across the globe.

Global psychodermatology continues to develop in academic and clinical expertise with newer organizations emerging, for example the PDIA (The Psychodermatology Association of India) and we now look forward to the next World Congress of Dermatology in Guadalajara Mexico in 2027 where colleagues working in psychodermatology will hopefully demonstrate further advances. But the WCD is not the only global place to report psychodermatological innovations. ESDaP meetings are at least biennial, and ESDaP supports psychodermatology practitioners not only from Europe, but from across the globe.

Online courses for the diploma of psychodermatology : still a few places available !

Psychodermatology Diploma European Society of Dermatology and Psychiatry. A highly interactive program, especially designed for dermatologists, psychologists and psychiatrists who work with patients affected from skin-related conditions.

Master classes : available to all our members

All our members have access to our Master Classes in Psychodermatology. Free one hour online sessions with world-class experts, that would explore specific topics of the fascinating mind-skin connection.

This free series is open to dermatologists, psychologists, psychiatrists and any healthcare professionals who work with patients affected from skin-related conditions.

Our next session is on september 11th. See the full program below.

Master Classes in Psychodermatology

Table with 3 columns: Date, Topic, Speaker. Includes dates from Monday, September 18th to Thursday, December 7th.

Register here

Psychodermatology around the world

BELGIUM

Belgian Psychodermatology Group A group of psychodermatologists has been created in 2022. Contact: belgian_psychodermatology_group@gmail.com

The next events from this group: *Webinar 5-10-23: Doctors in Difficulty: why a training in doctor-patient relationship ? (French and Dutch language - Belgian Health Care providers)

USA

32nd Annual APMNA Psychodermatology Meeting 2024 Association for Psychocutaneous Medicine of North America (APMNA) will be holding its 32nd annual psychodermatology meeting on March 7, 2024 at San Diego, California a day before AAD annual meeting.

Abstract submission would open from October 1st, 2023. For further information visit the website www.psychodermatology.us. For details, may contact with Prof. Mohammad Jafferany at mjafferany@yahoo.com

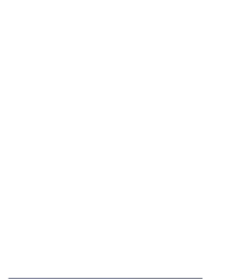
The Dutch 'Next Generation Immunodermatology' (NGID) Project

On July 7th 2023, the festive kick-off of the Dutch 'Next Generation Immunodermatology' (NGID) project took place.

NGID is a Dutch nationwide, large-scale project, funded by a large grant of the Dutch NWO to unravel novel biomarkers for six different skin diseases: psoriasis, atopic dermatitis, hidradenitis suppurativa, cutaneous lupus erythematosus, chronic spontaneous urticaria, and cutaneous T-cell lymphoma.

These biomarkers will drive a high-tech, patient-centric approach in clinical practice. ESDaP members Sylvia van Beugen, Antoinette van Laarhoven, and Andrea Evers aim to uncover the influence of psychological and behavioural markers on disease outcomes in their work package within this consortium. These markers are incorporated into patient-specific fingerprints to predict the most effective, personalized treatment for patients.

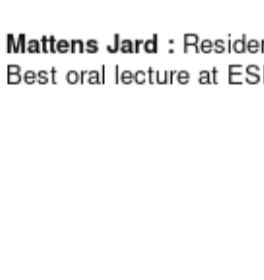
New members



Abduraouf Khulood is a resident in dermatology from United Arab Emirates particularly drawn to the emerging field of psychodermatology, which offers a holistic approach to treating skin disorders by addressing both the physical and psychological aspects of the condition.



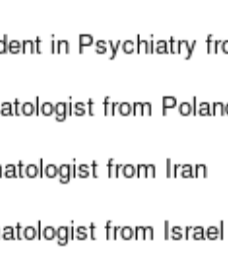
Miltenburg Christiane is a dermatologist from Germany and has for a long time been fascinated by the correlation between the psyche and somatic diseases in general, and here especially the skin diseases. In my personal opinion this correlation is still far too less given attention to. She wants helping the patients discover the emotions underlying or accompanying their skin diseases and helping them handle them in a mindful and accepting way. These are essential tools in the healing process, along with our 'conservative' dermatological therapy.



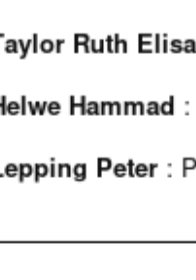
Emek Kocatürk is Professor at the Department of Dermatology, Koç University School of Medicine, Istanbul, Turkey. She is head of the outpatient care unit for Urticaria Center of Reference and Excellence (UCARE) and Atopic Dermatitis Center of Reference and Excellence (ADCARE) Centers. She received her medical degree from Hacettepe University Medical School, she completed her dermatology residency in 2004 and has been in practice 21 years.



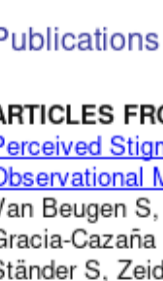
Dudani Pankhuri is a dermatologist who completed a fellowship from Psychodermatology Association of India in Calicut Medical college, India. She is currently enrolled in a Master's programme at University of Oxford in Mindfulness based CBT and about to complete a PG Diploma in Clinical Hypnosis.



Kapoor Shreya is a dermatologist from India. She also signed up for a MA in Clinical Psychology and pursued it simultaneously with her residency. She has made counselling a part of her protocol for any patient who suffers chronically from a dermatological condition.



Robinson-Ethier Caleb is a student in Medicine from the University of Ottawa (Canada). He expected to be graduated in 2026. He is already very interested in the field of Psychodermatology. He was presented the best Poster at the Interdisciplinary Conference in Dermatology



Mattens Jard : Resident from the Netherlands Best oral lecture at ESDaP Congress Rotterdam

- Scappin Renske : Psychologist from the Netherlands
Van Beugen Sylvia : Psychologist from the Netherlands, first author of the ESDaP Study on Stigmatization Psychology
Van Eijdsden Claire : Dermatologist from the Netherlands
Meeuwis Stephanie : Psychologist from the Netherlands
Kaszuba Natalia : Resident in Psychiatry from Poland
Kus Aleksandra : Dermatologist from Poland
Yazdi Amir Reza: Dermatologist from Iran
Ayelelt Rishpon : Dermatologist from Israel
Koh Mark: Dermatologist from Singapore
Taylor Ruth Elisabeth : Psychiatrist from UK
Helwe Hammad : Dermatologist from Israel
Lepping Peter : Psychiatrist from UK

Publications from our members

ARTICLES FROM THE ESDAP STUDY 2 Perceived Stigmatization among Dermatological Outpatients Compared with Controls: An Observational Multicentre Study in 17 European Countries. Van Beugen S, Schut C, Kupfer J, Bewley AP, Finlay AY, Gierler U, Thompson AR, Gracia-Cazafra T, Balieva F, Ferreira BF, Jemec GB, Lien L, Misery L, Marnon SE, Ständer S, Zaidler C, Szabó C, Szepietowski JC, Reich A, Elyas A, Altunay IK, Legat FJ, Grivcheva-Panovska V, Romanov DV, Lvov AN, Titeca F, Sampogna F, Vullink NC, Tomás-Aragones L, Evers AWM, Dalgard FJ: European Society for Dermatology and Psychiatry (ESDaP) Study collaborators. Acta Derm Venereol. 2023 Jun 22.

ARTICLES FROM OUR MEMBERS Psychodermatology knowledge, awareness, and practice patterns among Moroccan dermatologists : a national survey. Ait Oussous S, Jafferany M, Chakiri R. Clin Exp Dermatol. 2023 Jun

Psychiatric and psychologic aspects of chronic skin diseases. Christensen RE, Jafferany M. Clin Dermatol. 2023 Mar 5

Impact of chronic prurigo nodularis on daily life and stigmatization. Misery L, Patras de Campaigno C, Taieb C, Thénic C, Meyer C, Marqué A, Paul C, Tauber M. J Eur Acad Dermatol Venereol. 2023 Jul;37(7):e908-e909. doi: 10.1111/jdv.19013. Epub 2023 Mar 30. PMID: 36883795 No abstract available.

Impact of Atopic Dermatitis on Patients and their Partners. Misery L, Seneschal J, Corgibet F, Haloua B, Marqué A, Merhand S, Le Fur G, Staumont-Salle D, Bergqvist C, Taieb C, Ezzedine K, Richard MA. Acta Derm Venereol. 2023 Jun 26;103:adv5285. doi: 10.2340/actadv.v103.5285. PMID: 37358393 Free PMC article.

Is burning mouth syndrome associated with stress? A meta-analysis. Porporatti AL, Schroder AGD, Lebel A, Moreau N, Misery L, Alajbeg I, Braud A, Boucher Y. J Oral Rehabil. 2023 Jun 18. doi: 10.1111/joor.13536. Online ahead of print. PMID: 37332081 Review.

Patient Unique Stigmatization Holistic tool in dermatology (PUSH-D): Development and validation of a dermatology-specific stigmatization assessment tool. Ezzedine K, Shourick J, Bergqvist C, Misery L, Chuberre B, Kerob D, Haloua B, Le Fur G, Paul C, Richard MA, Taieb C. J Eur Acad Dermatol Venereol. 2023 Feb;37(2):443-450. doi: 10.1111/jdv.18641. Epub 2022 Oct 25. PMID: 36201355 Free PMC article.

Burning mouth syndrome and pelyvodynia: A literature review. Hamon B, Oriaguet M, Misery L, Boisramé S. Medicine (Baltimore). 2023 Jan 20;102(3):e32648. doi: 10.1097/MD.00000000000032648. PMID: 36701734 Free PMC article. Review.

Prevalence and predictors of perceived stigmatization in adult patients with moderate-to-severe atopic dermatitis in France. Haloua B, Bastien M, Taieb C, Thénic C, Veniard C, Noel M, Misery L. J Eur Acad Dermatol Venereol. 2023 Jan;37(1):e80-e81. doi: 10.1111/jdv.18515. Epub 2022 Aug 20. PMID: 35972022 No abstract available.

Sampogna F, Battisti S, Scarpulla C, Battisti V, Cosenza F, Pulvirenti C, Formato G, Abeni D. Emotions at diagnosis in patients with bullous diseases. Ital J Dermatol Venereol. 2023 Aug;158(4):328-333. doi: 10.23736/S2784-8671.23.07535-7. PMID: 37539502 https://pubmed.ncbi.nlm.nih.gov/37539502/

If you have information you wish to share with the members, please send it to esdap.newsletter@gmail.com.

Thanks for reading, Françoise Poot, Francesca Sampogna, Anthony Bewley & Florence Dalgard

Online courses for the diploma of psychodermatology Still a few places available ! More info here

Master classes in psychodermatology One hour online sessions with world-class experts Free for all our members ! Next one on september 11th Register here !