



ESDaP autumn newsletter

A new generation is coming !

Dear members,

We would like to thank all the speakers of the Subspecialty meeting in Prague. The quality of the presentations was remarkable. Most of the speakers were recent members and participants of our training courses.

The board members are especially happy to see that new people are ready to carry on the project of our society. But above all, that interest on the topic is growing, which is so important for the holistic care of our patients.

A new EADV Subspecialty meeting will be held in Istanbul in October 2013. We invite all interested members to [submit a proposal of presentation](#).

"Mind the skin - the hard facts", the motto of the next ESDaP congress

The conference will deal with many aspects of the challenging interface between the skin and the mind, from neuroimmunology to the psychosocial and cultural aspects of appearance.



The varied programme is aimed at attracting participants from different backgrounds, while maintaining a focus on the clinical consequences of psychodermatological problems.

See the attached letter of the congress president Professor Gregor Jemec.



More information on www.esdap2013.org

Psychodermatology around the world

The 3rd Croatian Congress of Psychodermatology with International Participation has taken place in Split, Croatia from 4th till 7th October 2012.

See below Andrew Finlay's report.

Who would have thought that the fledgling subject of psychodermatology would be so strong in a small new country such as Croatia?

But while there is little encouragement to the subject in many of the major European countries, the third national congress on psychodermatology has just been held in Split.



The key figure behind this phenomenon is Professor Mira Situm, whose book on her experiences as an army medical officer in the early 1990's is an astonishing account of a remarkable person's emotions at the front line. She and her colleague Dr Maya Vumek Zivkovic organised an excellent four-day meeting in Split.

There is much interest and research activity in Croatia, reflected by the speakers and the good attendance of both dermatologists and psychologists.

From the ESDaP executive board, Dennis Linder spoke on the importance of integrating QoL assessment in daily clinical practice, and Andrew Finlay spoke on the Greater Patient.

The 20th annual conference of the German Psychodermatology Group (APD) has been held on 19th-20th October in Halle. The main topics were: atopic dermatitis and atopy schools in Germany, the child in a hospital, genetic aspects in psychiatric diseases, sexual abuse and mistreatment in childhood and skin diseases, hypnosis in the treatment of warts.

Association of Psychocutaneous Medicine of North America (APMNA) annual meeting will be held the day prior to the commencement of the AAD congress on February 28th, 2013 at Loews Miami Beach Hotel, Miami Beach
For more information, contact [Mohammad Jafferany](#)

The Frenchspeaking Society for Psychosomatic Dermatology (SFDPs) will hold its annual reflexion day on september 21th 2013 on the theme: "Doctor-patient relationship: what to expect?"
For more information, contact [Nathalie Fetou-Danou](#)

New members



Nienke Vulink (MD, PhD) is psychiatrist and head of the Department of Obsessive Compulsive Disorders in the Academic Medical Centre of Amsterdam. She elaborated BDD research with a focus on neuroimaging, genetics and treatment. Together with John de Korte she started an outpatient psychodermatology clinic.



Antonio C. Sison (MD) has finished Psychiatry, Social and Community Psychiatry Fellowship at the University of the Philippines and a Psycho-Oncology Fellowship at the Memorial Sloan-Kettering Cancer Center in New York, USA. Presently, he is third year Dermatology resident at Skin and Cancer Foundation in Manila. His research interest is on psychosocial aspects of psoriasis.



Ruqiyah Shama Tareen (MD) is Psychosomatic fellow and associate professor of Psychiatry at Michigan State University/KCMS. She started her career as a Dermatologist after being trained at University of Wales, UK. She is the first editor and contributor to the Pediatric Psychodermatology book being released by De Gruyter in November 2012.



Sandhya Ramrakha MA (PhD) is the Research Manager at the Dunedin Multidisciplinary Health & Development Research Unit, at the University of Otago (New Zealand).

It conducts the world renowned Dunedin Multidisciplinary Health and Development Study. Previously she had a career as a clinical psychologist working in prisons in Australia.

New publications from our members

[DLQI and CDLQI scores should not be combined.](#)

Finlay AY, Basra MK.
Br J Dermatol. 2012 Aug

[Quality of life in atopic dermatitis: Changes over 6 years in patients who report persistent eczema.](#) Vinding GR, Esmann S, Jemec GB. J Dermatol. 2012 Aug

[Assessing the influence of Actinic Keratosis on Patients' Quality of Life-The AKQoL Questionnaire.](#) Esmann S, Vinding GR, Christensen KB, Jemec GB. Br J Dermatol. 2012 Sep 10.

[Dermatology Life Quality Index \(DLQI\): A Paradigm Shift to Patient-Centered Outcomes.](#)

Finlay AY, Basra MK, Piguat V, Salek MS.
J Invest Dermatol. 2012 Oct

[Congenital erythropoietic porphyria: a single-observer clinical study of 29 cases.](#)

Katugampola RP, Badminton MN, Finlay AY et al.
Br J Dermatol. 2012 Oct

[The Role of the EQ-5D in the Economic Evaluation of Dermatological Conditions and Therapies.](#)

Pereira FR, Basra MK, Finlay AY, Salek MS.
Dermatology. 2012

New website about psychodermatology



ATOPIC SKIN DISEASE

THE ONLINE COMMUNITY FOR PRACTITIONERS AND PATIENTS

The website www.atopicskindisease.com is an online community for practitioners and patients interested in the combined approach to atopic eczema.

Built around the research of Peter Norén and his colleagues in Uppsala, Sweden and the book Atopic Skin Disease The Manual for Practitioners (1996) by Bridgett, Norén & Staughton, this new website aims to give practitioners a resource to use in their training and Continuing Professional Development, and patients a resource to turn to for extra support when receiving treatment, in the clinic and/or on a self-help basis.

If you have information you wish to share with the members, please send it to esdap.newsletter@gmail.com.

Thanks for reading,

Françoise Poot, Lucia Tomas, Gregor Jemec

Winner of the prize essay

Tamara Gracia,
from Spain, Zaragoza



3rd year dermatology resident

What's up in ESDaP Projects?

Self-Inflicted Lesions in Dermatology: Terminology and Classification

The manuscript has been accepted for publication in [Acta Dermato-Venereologica](#).

A European Multicenter study on depression, anxiety, well-being and attachment among adult patients with common skin disorders

We are finishing the data collection of the control group.

Don't forget to renew your membership

It entitles you to a reduced fee for the ESDaP congresses !

[Click here for instructions](#)

Visit our Website

www.psychodermatology.net/

