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RAI HOTEL SERVICE
P.O. Box 77777
1070 MS AMSTERDAM
The Netherlands

Telephone: +31-20- 549 19 27
Telefax: +31-20-646 28 40
Telex: 13499 raico nl

Getting in Touch

6th International Congress on Dermatology and Psychiatry

Amsterdam - The Netherlands

April 20 - 22, 1995



**Final Announcement
and call for abstracts**



European Society for Dermatology and Psychiatry



European Society for Dermatology and Psychiatry

ESDAP EXECUTIVE COMMITTEE

Prof. Dr Peter Berner, Austria
Prof. Dr Marc Bourgeois, France
Dr Sylvie Consoli, France
Dr John Cotterill, England
Dr Uwe Gieler, Germany
Dr Francisco Grimalt, Spain
Drs John de Korte, The Netherlands
Dr Michael Musalek, Austria
Prof. Dr Emiliano Panconesi, Italy
Dr Henriette Walter, Austria

LOCAL ORGANIZING COMMITTEE

Prof. Dr Jan Bos
Prof. Dr Berthold Gersons
Drs John de Korte
Drs Guido Nabarro
Mr Frans van Sandwijk
Prof. Dr Wim Trijsburg
Prof. Dr Willem van Vloten

Congress Office:

All mail, telephone and fax enquiries should be addressed to:
Bureau PAOG-Amsterdam
Tafelbergweg 25
1105 BC Amsterdam
The Netherlands
Phone: +31-20-566 4801
Fax: +31-20-696 3228

Cover:

'The Jewish bride', Rembrandt Harmensz van Rijn, Rijksmuseum, Amsterdam

WELCOME

It is a great pleasure for the European Society for Dermatology and Psychiatry and for all members of the International and Local Organizing Committee to welcome you to the 6th International Congress on Dermatology and Psychiatry.

Getting in Touch is a forum for the exchange of scientific information on the interrelations of dermatological, psychopathological, psychological and social factors in skin diseases. The congress will offer a challenging programme on current trends in psychodermatology, psychosomatic dermatology, and psychocutaneous medicine.

Getting in Touch refers to the overall importance of touch in psychopathological and psychological development. The ultimate goal of the congress is to improve the quality of patient care, and - subsequently - the "quality of life" of our patients.

Getting in Touch is organized by way of plenary and parallel symposia. The congress will offer ample opportunity for individually submitted papers and free communication. Some of the main topics will be the psychopathology of psychiatric disorders with a dermatological expression, psychological and social reactions to skin diseases, psychoneuroimmunology, and depression. Various kinds of treatment will be discussed, including psychotherapy, psychopharmacology, and liaison psychiatry.

We invite you to come to Amsterdam. We would also like to encourage you to submit the results of your work for presentation. **Getting in touch** will be held close to the historical centre and the cultural highlights of Amsterdam. The congress, the beautiful city, and the extensive social programme will guarantee a wonderful meeting with dermatologists, psychiatrists, psychologists and other professionals from all over the world.

John de Korte,
Congress President

John Cotterill,
ESDAP President

Thursday
April 20

07.45 - 08.45 Registration

08.45 - 10.30 **GETTING IN TOUCH**

Welcome Address by the President of the 6th International Congress on Dermatology & Psychiatry
Drs John de Korte - Amsterdam - The Netherlands

Welcome Address by the President of the Dutch Society for Psychodermatology
Drs Guido Nabarro - Amsterdam - The Netherlands

Getting in Touch, Keynote Address

John A Cotterill, FRCP - Leeds - United Kingdom
President European Society for Dermatology & Psychiatry

The Psychological Sequelae of Skin Disease

Caroline S Koblenzcr, MD - Philadelphia - USA
Former President of the Association for Psychocutaneous Medicine of North America

10.30 - 11.15 Coffee break

11.15 - 12.30

CURRENT TRENDS IN RESEARCH AND DIAGNOSIS

Chairmen: Prof. Dr Peter Berner - Paris - France
Prof. Dr Emiliano Panconesi - Florence - Italy

Diagnosis in Psychodermatology: New Developments

Dr Michael Musalek - Vienna - Austria

New Research in Psychosomatic Dermatology

Dr Uwe Gieler - Giessen - Germany

12.30 - 14.00 Lunch

14.00 - 15.30 **PARALLEL SYMPOSIA** (see page 6-7)

15.30 - 16.15 Tea break

16.15 - 17.45 **PARALLEL SYMPOSIA** (see page 6-7)

Friday
April 21

08.45 - 10.15

PSYCHOPATHOLOGICAL, PSYCHOLOGICAL AND SOCIAL FACTORS IN SKIN DISEASES

Chairmen: Thomas M Gragg, MD - Palo Alto - USA
Drs Guido Nabarro - Amsterdam - The Netherlands

Psychiatric Disorders with a Dermatological Expression

Prof. Dr Myriam Van Moffaert - Gent - Belgium

Stress and Purpuras

Prof. Dr Emiliano Panconesi - Florence - Italy

Psoriasis and Stress

Ilona H Ginsburg, MD - New York - USA

10.15 - 11.00 Coffee break

11.00 - 12.00

PSYCHONEUROIMMUNOLOGY

Chairmen: Prof. Dr Jan D Bos - Amsterdam - The Netherlands
Engene Farber, MD - Palo Alto - USA

Concepts of Psychoneuroimmunology

Prof. Dr Jan D Bos - Amsterdam - The Netherlands

The Psychoneuroimmunological Parameters of Psoriasis

Eugene Farber, MD - Palo Alto - USA

Neuropeptides and Skin Inflammation

Dr Carlo Pincelli & Prof. Dr Gianetti - Modena - Italy

12.00 - 12.30

VISIBLY TOUCHED, A psycho-educational film
Prof. Dr Willem van Vloten - Utrecht - The Netherlands

12.30 - 14.00 Lunch

14.00 - 15.30 **PARALLEL SYMPOSIA** (see page 6-7)

15.30 - 16.15 Tea break

16.15 - 17.45 **PARALLEL SYMPOSIA** (see page 6-7)

Saturday
April 22

08.45 - 10.15

PSYCHOPHARMACOLOGICAL TREATMENT

Chairmen: Prof. Dr Marc Bourgeois - Bordeaux - France
Prof. Dr Myriam Van Moffaert - Gent - Belgium

Dysmorphophobia: Clinical Features and the Use of Serotonin Re-uptake Inhibitors in Treatment

Katharine A Phillips, MD - Providence - USA

Differential Diagnosis and Differential Therapy in Delusional Disorders

Dr Michael Musalek - Vienna - Austria

Risks and Side Effects of Psychoactive Drugs in Dermatology

Dr Giovanni Hautmann & Prof. Dr Emiliano Panconesi - Florence - Italy

10.15 - 11.00 Coffee break

11.00 - 12.30

CHALLENGES IN MANAGEMENT AND ORGANIZATION

Chairmen: John A Cotterill, FRCP - Leeds - United Kingdom
Drs John de Korte - Amsterdam - The Netherlands

Challenges and Difficulties in the Collaboration between Dermatologists, Psychiatrists and Psychotherapists: a Case Study

Dr Nicolas Dantchev & Dr Sylvie Consoli - Paris - France

The Social Management of Skin Disorders

Ray G Jobling, MA - Cambridge - United Kingdom

The Marburg Integrative Psychosomatic Model of Management and Organization in Dermatology

Dr Uwe Gieler - Giessen - Germany

The Association for Psychocutaneous Medicine of North America: Developments and Challenges

Thomas M Gragg, MD - Palo Alto - USA

12.45

FAREWELL ADDRESS

SCIENTIFIC PROGRAMME

Getting in Touch is organized through plenary and parallel symposia. Posters will be on display throughout the meeting.

PLENARY SYMPOSIA

Each morning there will be two plenary symposia. In chronological order the following symposia will be organized:

- * **Getting in Touch**
- * **Current Trends in Diagnosis and Research**
- * **Psychopathological, Psychological and Social Factors in Skin Diseases**
- * **Psychoneuroimmunology**
- * **Psychopharmacological Treatment**
- * **Challenges in Management and Organization**

See for detailed information on the previous pages. A selection of submitted abstracts may lead to some minor changes in the programme.

PARALLEL SYMPOSIA

On April 20 and 21 there will be two sessions with parallel symposia. Each session will consist of four symposia.

The organizing committee has made a provisional choice of the following topics:

Thursday, 14.00 hrs

- * **Dermatology and Psychiatric Disorders**
(Van Moffaert - Belgium, Fruensgaard - Denmark, Jaspers, Van Rood - The Netherlands)
- * **Quality of Life and Quality of Care**
(Finlay - UK, De Borgi, Knopper, Van Sandwijk - The Netherlands, Allgoewer-Germany)
- * **Psychodermatology in Daily Practice**
(Farber- USA, De Rooij, Van Vloten - The Netherlands, Norén - Sweden, Bosse -Germany)
- * **Nursing Care, Social Work and Fysiotherapy**
(Ketelaar & Van Sandwijk - The Netherlands)

Thursday, 16.15 hrs

- * **Dermatology and Psychiatric Disorders**
(Gersons - The Netherlands, Millard - UK, Rogers - Ireland)
- * **Skin, Touch and Sex**
(Cotterill - UK, Panconesi - Italy, Moors - The Netherlands, Gieler - Germany)
- * **Dermatology and Psychoanalysis**
(Consoli - France, Trijsburg - The Netherlands)
- * **Social Management and Self Help**
(Jobling - UK, Ginsburg - USA, Bosse - Germany)

Friday, 14.00 hrs

- * **Depression in Psychodermatology**
(Berner - France, Barocka - Germany, Van Praag - The Netherlands, Walter -Austria)
- * **Child development and Family Dynamics**
(Koblenzer - USA, Berkouwer, Nabarro, Van Sandwijk - The Netherlands)
- * **Behaviour and Cognitive Therapy in Dermatology**
(Norén - Sweden, Staughton - UK, Finzi - Italy)
- * **Liaison Psychiatry, Consultation and Management**
(Nabarro - The Netherlands, Gledhill - UK)

Friday, 16.15 hrs

- * **Depression in Psychodermatology**
(Musalek - Austria, Bourgeois - France, Stanghellini - Italy)
- * **Compliance Behaviour**
(Taube - Germany, De Korte - The Netherlands)
- * **Various Clinical Approaches**
(Grimalt - Spain, Walter - Austria, de Villiers - South Africa, Barak - Israel, Kalivas - USA, Ott - Germany)
- * **Training and Education in Psychodermatology**
(Van Vloten, Duller - The Netherlands, Stangier - Germany)

The names in brackets give an indication of some of the contributions, mainly based on pre-registrations.

Eventually a selection will be made from the submitted abstracts, which may alter the topics mentioned above.

Depression in Psychodermatology will be organized by the Association of European Psychiatrists, Section Psychopathology.

Psychodermatology in Daily Practice will be organized by the Dutch Society for Psychodermatology.