

ESDaP Autumn newsletter

The old and the new EC

Dear ESDaP members, dear friends,

The ESDaP congress held in Brest, France, in June 2017 was a great success. It was wonderful to see so many "faithful" members who come to all our meetings, from all over the world. A stimulating scientific program, interesting social activities, and the setting, beautiful Brest, all contributed to the success. Thanks to all who came for contributing to make the congress so special.

As I mentioned in a previous e-mail, I was proposed and voted President of ESDaP for the next two years. Thanks to all of you who have written e-mails to congratulate me. I am honored, and I hope to continue the important work done by previous Presidents and Board Members.

Unfortunately, our past President, Uwe Gielert, has left the Board. He has been one of the pillars of ESDaP for many years and we are sad to see him go. He will however continue to participate in many ESDaP projects and we will continue seeing him at meetings and congresses.

Gregor Jemec has also left the Board. Thank you Gregor for these years of work and friendship.

Finally, we wish to welcome our new ESDaP Board members, Ilknur Altunay from Turkey, Jörg Küpfer from Germany and Francesca Sampogna from Italy who will replace another of our past President Dennis Linder.

Thank you also to Andrea Evers from the Netherlands for accepting to attend our board meetings as Observer and contribute with her knowledgeable experience as researcher.

Jacek Szepletowski from Poland is now the President Elect and Anthony Bewley from the United Kingdom, Secretary General of ESDaP.

I also wish to acknowledge Alia Galadari from Dubai and Aleksandra Kobuziewicz from Poland for offering to help with the webpage and social media.

Our wish is to continue working in the field of Psychodermatology and contribute in research, training and clinical practice in hopes of improving our patients' quality of care and quality of life.

With best wishes,

Lucia Tomas-Aragones
ESDaP President

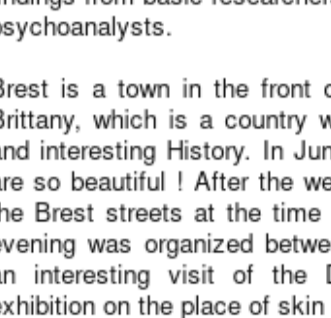


Check our [facebook page](#) and our [website](#)!

Future ESDaP congresses scheduled:

- 18th ESDaP Congress – Giessen – Germany 2019
- The 20th ESDaP Congress will be held in London UK in 2021

Report from the Brest Congress



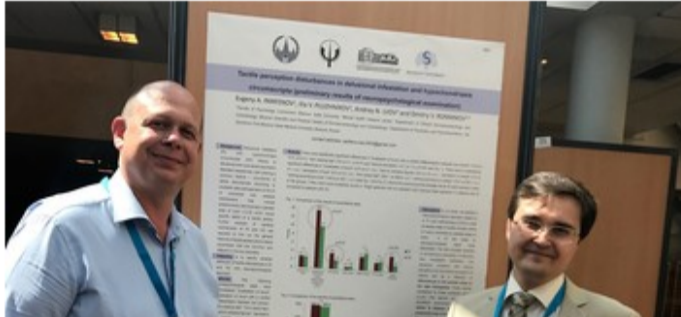
The 17th ESDaP Congress was organized in Brest (France) from June 21 to 23. It was associated with French-speaking sessions organized by the Psychodermatology Group of the French Society of Dermatology and the French-speaking Society of Psychosomatic Dermatology (SFDPS), as well as the 25th Human Skin and Society forum.

The French Psychodermatology Group had prepared interesting sessions on different approaches of psychodermatology. The SFDPS had organized a nice workshop on the patient-doctor relationship. The Human Skin and Society forum is interested in all points of view on the skin (history, sociology, philosophy, ethics, anthropology, linguistics...).

The congress was focused on translational research, from neurobiological aspects to clinical and psycho-social aspects. All these aspects were discussed in the congress, which was rich in new findings from basic researchers, medical doctors and psychologists or psychoanalysts.

Brest is a town in the front of the Atlantic Ocean, in the wonderful Brittany, which is a country with beautiful landscapes, fantastic sea and interesting History. In June, the days are very long and sunsets are so beautiful ! After the welcome party, it was possible to walk in the Brest streets at the time of the Music Festival. A fantastic gala evening was organized between the aquariums of Oceanopolis after an interesting visit of the Daoulas Abbey, where there was an exhibition on the place of skin in the Society.

Herman Musaph Award 2017 was presented to Professor Laurent Misery



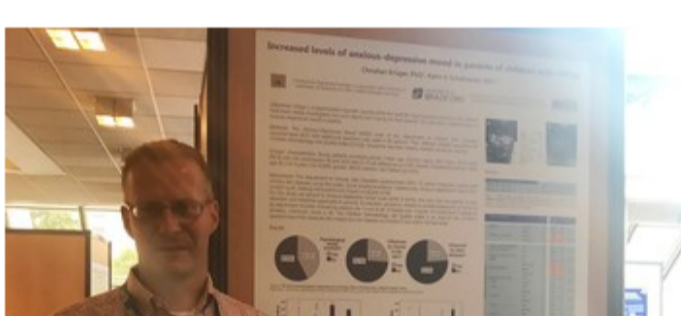
1st Prize to Evgeny Parfenov, Iliia Pluzhnikov, Andrey Lvov and Dmitry Romanov:
Tactile perception disturbances in delusional infestation and hypochondriasis circumscripta



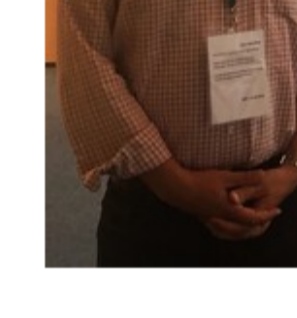
Second Prizes to Maria-Angeliki Gkini, Dimitre Dimitrov, Tanyo Tanev, Ruth Taylor, Padma Mohandas and Anthony Bewley: *How dermatologists are affected when treating patients with delusional infestation*



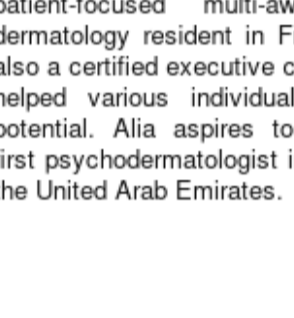
and Christian Krüger and Karin Schallreuter:
Increased levels of anxious-depressive mood in parents of children with vitiligo



New members



Alia Galadari is a globally engaged & patient-focused multi-award winning dermatology resident in France. She is also a certified executive coach who has helped various individuals fulfill their potential. Alia aspires to become the first psychodermatologist in her country, the United Arab Emirates.



Liviana Francine Soriano is a

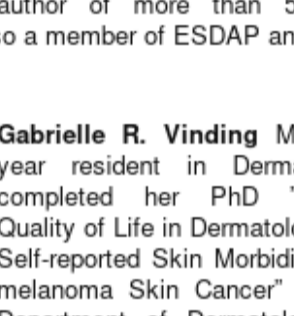
Dermatology Clinical Fellow at Barts Health NHS Trust in East London, UK. She has wide experience in general dermatology including acne, eczema, hair disorders, melanoma, psoriasis, vitiligo and skin surgery. She aspires to further explore the world of psychodermatology. Alongside Dr Anthony Bewley, she has published an article on Body Dysmorphic Disorder in the Dermatological Nursing journal, and an overview of the psychological burden in patients with Rosacea on the Mind & Skin web page. She is currently investigating the relationship of alexithymia and psoriasis.



Pr Dmitry V. Romanov is professor in the Department of Psychiatry and Psychosomatics and the head of Scientific Research Division "Psychosomatic medicine" of I.M. Sechenov First Moscow State Medical University (Sechenov State University), in Russia. He is leading research fellow of the Department of "Borderline" Mental Pathology and Psychosomatic Disorders, in the Mental Health Research Center of Moscow. He is the author of more than 50 papers in Russian and English, he is also a member of ESDAP and IFSI.



Gabrielle R. Vinding M.D., is a 4th year resident in Dermatology. She completed her PhD "Health-related Quality of Life in Dermatology. Focus on Self-reported Skin Morbidities and Non-melanoma Skin Cancer" in 2014 from Department of Dermatology, Roskilde Hospital, Denmark.



Aleksandra Kobusiewicz is a resident in Department of Dermatology, Paediatric Dermatology and Oncology of Medical University of Łódź and PhD student in Psychodermatology Department, Interfaculty Chair of Clinical Immunology and Microbiology of Medical University of Łódź, Poland. She is highly interested in psychodermatology and started to investigate stress issues in patients with atopic dermatitis and their parents.

ESDaP study

ESDaP's highly successful international study plans to map the psychosocial burden of skin diseases across Europe.

This year our study group published the following articles in high ranking journals demonstrating the impairment of common skin diseases on sexuality, attachment style, general quality of life and psychosocial impairment across different countries.

The article by Flora Balieva in Stavanger, Norway, received particular attention at the EADV Congress in Geneva in September 2017 by Professor Anstey, the Editor in chief of the British Journal of Dermatology as one of the best BJD publications of the year 2017.

A follow-up study on stigmatization and skin diseases across Europe is currently in preparation and planned to start in October 2017.

1. Balieva F, Kupfer J, Lien L, et al. *The burden of common skin diseases assessed with the EQ5D: a European multicentre study in 13 countries.* The British journal of dermatology 2017;176(5):1170-78.
2. Lesner K, Reich A, Szepletowski J, et al. *Determinants of Psychosocial Health in Psoriatic Patients: A Multinational Study.* Acta dermato-venereologica 2017.
3. Sampogna F, Abeni D, Gielert U, et al. *Impairment of Sexual Life in 3,485 Dermatological Outpatients From a Multicentre Study in 13 European Countries.* Acta dermato-venereologica 2017;97(4):478-82.
4. Szabo C, Altmayer A, Lien L, et al. *Attachment Styles of Dermatological Patients in Europe: A Multi-centre Study in 13 Countries.* Acta dermato-venereologica 2017;97(7):813-18.

New publications from our members

Linder MD, Frigessi A, Piaserico S, Keilman N. *Simulating the life course of psoriasis patients: the interplay between therapy intervention and marital status.* J Eur Acad Dermatol Venereol. 2017 Aug 29. doi: 10.1111/jdv.14567. [Epub ahead of print] PubMed PMID: 28850745.

Psychodermatology around the world

Belgium

How to teach doctor-patient relationship
A meeting in French is organized on October 19-20-21 and will be followed by 8 half-days along the years 2018-2019
www.ifts.be

France

Psychodermatology at the « Journées Dermatologiques de Paris » Tuesday 12/12/2017
www.jdp2017.com

AT 03 - Apport de la psychodermatologie à la pratique dermatologique : cas cliniques
09h00 - 12h00

AT 07 - Les outils de communication pour améliorer la relation entre le dermatologue et son patient
09h00 - 13h00

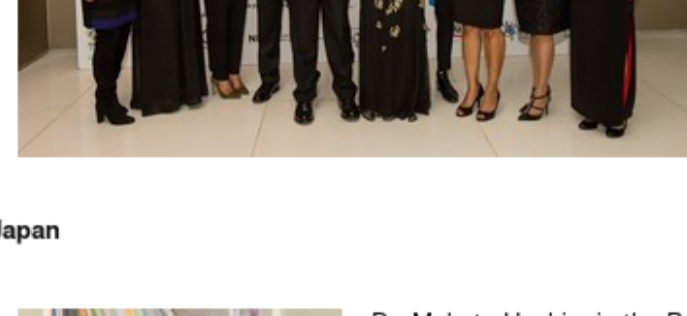
AT 08 - Annoncer une « mauvaise nouvelle » : des outils pour réussir, en oncodermatologie et au-delà dans la pratique dermatologique de tous les jours
14h00 - 17h00

Spain

The Spanish Psychodermatology group is a task force of the Spanish Academy of Dermatology and Venereology (AEDV). The group has two meetings a year, one during the National Dermatology Congress and another two-day meeting held every February. One of the current projects they are working on is the development of A Quality of Life Instrument for Patients with Hidradenitis Suppurativa.

UK

Barts Health Psychodermatology Team won the British Medical Journal Dermatology Team of the Year 2017 last month. The team is led by Dr Tony Bewley (Consultant Dermatologist) and Dr Ruth Taylor (Consultant Liaison Psychiatrist), and includes psychologists, dermatology trainees, nursing colleagues and psychology assistants.



Japan



Dr. Makoto Hashiro is the President of the Japanese Society of Psychosomatic Dermatology from the end of January 2017. He hopes to collaborate in psychodermatology with the ESDaP much more in future; for example, joint meetings and so on. He looks forward to seeing you all.

[Discover here](#) a message from the president of the society.

USA

The Association for Psychoneurocutaneous Medicine of North America (APMNA) will be holding its annual congress on Thursday 15th February 2018, a day before the American Academy of Dermatology Annual meeting, in San Diego, California, at the Marriott Marquis and Marina. The meeting will be followed by the Annual Dinner. Abstracts from the congress are being accepted as from October 5th. For further information, please contact Mohammad Jafferany, MD at mjafferany@yahoo.es and visit the website www.psychodermatology.us

If you have information you wish to share with the members, please send it to esdapnewsletter@gmail.com.

Thanks for reading,

Françoise Poot, Lucia Tomas & Anthony Bewley

Save the date

Next ESDaP Congress in Giessen (Germany) June 20-21-22/2019

