# ESDaP Summer newsletter

## Don't miss our activities!

Dear ESDaP members, dear friends,

During the EADV Congress in Paris we will have a subspecialty meeting on Wednesday 12th of September 13:30-17:30. See the program here.

A psychodermatology session is scheduled on Saturday 15th of September from 13:15 to 14:45. The world famous expert Katharin Philips will give us an update on Body Dysmorphic Disorders. See the program here.

A Quality of life session will be held just after in the same room from 15:00 to 16:15. See the program here.

In November 8th to 10th an Advanced course will be held in Brussels on the practical tips to help BDD patients. Here is the registration form. Check our facebook page!
This is your first step to the ESDaP Diploma in Psychodermatology. Hurry up there are some places left!

And last but not least our next Congress is arriving on 20-22 June 2019. Website link here.

Don't miss all these opportunities to be a recognized psychodermatologist

Check our website!

**Future ESDaP congresses scheduled:**

- 18th ESDaP Congress – Giessen – Germany 2019
- The 19th ESDaP Congress will be held in London UK in 2021

## Towards the new congress

**SAVE THE DATE**

We invite all ESDAP members and persons interested in the field of psychodermatology to participate in the 18th ESDAP-Congress, which will take place in Gießen, Germany, from June 20th to June 22nd 2019.

The Congress focuses on „The skin patient – a multidisciplinary challenge". The exciting and diversified program includes keynote lectures, symposia and many chances for young scientists to present their work to a big audience.

There will be keynote lectures on itch, psychotherapy for skin patients and patient education. Additionally, symposia on stigmatization, psychosomatics, psychoneuroimmunology, patient education and e-health offer the possibility to discuss these topics from different perspectives.

Friday morning will be especially dedicated to young scientists. During that time, junior as well as mid-term career scientists will have the opportunity to present their work and be awarded prizes for the best oral presentations as well as poster presentations. Moreover, young scientists will be able to meet experts in the field of psychodermatology and discuss relevant topics of scientific work during a mentoring lunch.

For more information on the Congress, please visit the Congress website: http://www.uni-giessen.de/fbz/fb11/esdap2019.

We are looking forward to welcoming you in Gießen next year!

## What's up in ESDaP Projects

Update ESDaP study I and II, September 2018

The ESDaP initiated two ongoing multicenter studies on the psychological burden of common skin diseases in Europe.

The first dataset on 5000 participants resulted in 11 publications in high ranking dermatological journals. The data collection of the second multi-center study is currently running and the ethical approval has been obtained in all 16 participating countries in Europe. A dataset of 6000 participants is expected and will enable to explore further the burden of skin diseases with a focus on itch, mood disorders, stigmatization and body image disorders.

The most recent publications from our research group are the following:

-The prevalence, chronicity and intensity of itch in patients with skin diseases: results from a multicenter study in 13 countries Schut et al Accepted for publication Acta DV 2018

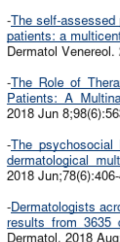
-The self-assessed psychological comorbidities of prurigo in European patients: a multicentre study in 13 countries. Brenaut et al J Eur Acad Dermatol Venereol. 2018

-The Role of Therapy in Impairing Quality of Life in Dermatological Patients: A Multinational Study. Balieva et al Acta Derm Venereol. 2018 Jun 8;98(6):563-569

-The psychosocial burden of hand eczema: Data from a European dermatological multicentre study. Marron et al Contact Dermatitis. 2018 Jun;78(6):406-412.

-Dermatologists across Europe underestimate depression and anxiety: results from 3635 dermatological consultations. Dalgard et al Br J Dermatol. 2018 Aug;179(2):464-470

## New members



**Rick Waalboer-Spuij** is a dermatologist working in the Erasmus MC in Rotterdam and the ETZ in Tilburg, NL. He runs a multidisciplinary psychodermatology outpatient clinic and is working on his PhD thesis about quality of life in nonmelanoma skin cancer for which he was recently rewarded the Herman Musaph literature prize 2018.

## New publications from our members

L.Misery, J.L.Carré, *Placebo and nocebo effects as major components of the treatment of itch*
Exp Dermatol, 2017, 26, 24-25

F. Sampogna, D.Abeni, U.Gieler, L.Tomas-Aragones, L.Lien, G.Titeca, G.B.Jemec, L.Misery, C.Szabó, M.D.Linder, A.W.Evers, J.A.Halvorsen, F.Balieva, J.C.Szepietowski, D.V.Romanov, S.E.Marron, I.K.Altunay, A.Y.Finlay, S.S.Salek, J.Kupfer, F.Dalgard *Impairment of sexual life in 3,485 dermatological outpatients from a multicentre study in 13 European countries*
Acta Derm Venereol, 2017, 97, 478-482

L.Misery, *Neuropsychiatric factors in sensitive skin*
Clin Dermatol, 2017, 35, 281-284

F.Balieva, J.Kupfer, L.Lien, U.Gieler, A.Y.Finaly, L.Tomas-Aragones, F.Poot, L.Misery, F.Sampogna, H.van Middendorp, J.A.Halvorsen, J.C.Szepietowski, A.Lvov, S.E.Marron, M.S.Salek, F.J.Dalgard, *The burden of common skin diseases assessed with the EQ5D : a European multicentre study in 13 countries*
Br J Dermatol, 2017, 176, 1170-1178

M.A.Boudjarane, M.Grandgeorge, R.Marianowski, L.Misery, E.Lemonnier, *Perception of odors and tastes in autism spectrum disorders: A systematic review of assessments*
Autism Res, 2017, 10, 1045-1057

C.Szabo, A.Altmayer, L.Lien, F.Poot, U.Gieler, L.Tomas-Aragones, J.Kupfer, G.B.E.Jemec, L.Misery, D.Linder, F.Sampogna, H.van Middendorp, J.A.Halvorsen, F.Balieva, J.C.Szepietowski, D.Romanov, S.E.Marron, I.K.Altunay, A.Y.Finlay, S.S.Salek, F.Dalgard, *Attachment styles of dermatological patients in Europe : A multi-centre study in 13 countries*
Acta Derm Venereol, 2017, 97, 813-818

E.Brenaut, C.A.de Salins, L.Misery, A.M.Roguedas-Contios, *Patient satisfaction in dermatology*
J Eur Acad Dermatol Venereol, 2017, 31, e343

L.Misery, M.Saint-Aroman, A.Zkik, A.Briant, L.Martin, M.L.Sigal, C.Bodemer, G.Guillet, M.Bagot, C.Taieb,
*Chronic pain in patients with skin disorders*
Acta Derm Venereol, 2017, 97, 986-988

D.H.Kim-Dufor, A.Poulaliou, L.Misery
*The need for linguistically and culturally adapted standard questionnaires to assess itch: A preliminary study*
Acta Derm Venereol, 2017, 97, 991-992

K.Lesner, A.Reich, J.C.Szepietowski, F.J.Dalgard, U.Gieler, L.Tomas-Aragones, L.Lien, F.Poot, G.B.Jemec, L.Misery, C.Szabó, D.Linder, F.Sampogna, A.W.M.Evers, J.A.Halvorsen, F.Balieva, A.Lvov, S.E.Marron, I.K.Altunay, A.Y.Finlay, S.S.Salek, J.Kupfer ; *Determinants of psychosocial health in psoriatic patients: A multi-national study*
Acta Derm Venereol. 2017;97:1182-1188

*L.Misery, Retentissement de la dermatite atopique*
Ann Dermatol Venereol. 2017;144, Suppl 5:VS23-VS28

J.Huguen, S.Audebert-Bellanger, E.Brenaut, L.Misery, C.Abasq-Thomas, *Post-traumatic stress disorder in patients and relatives following a diagnosis of de novo neurofibromatosis type 1*
Acta Derm Venereol. 2018;98:291-293

L.Misery, S.Dutray, M.Chastaing, M.Schollhammer, S.G.Consoli, S.M.Consoli, *Psychogenic itch*
Transl Psychiatry. 2018;8:52

S.E.Marron, L.Tomas-Aragones, J.Navarro-Lopez, U.Gieler, J.Kupfer, F.J.Dalgard, L.Lien, A.Y.Finlay, FF.Poot, D.Linder, J.C.Szepietowski, L.Misery, G.B.E.Jemec, D.Romanov, F.Sampogna, C.Szabo, I.K.Altunay, S.Spillekom-van Koulil, F.Balieva, F.M.Ali, J.A.Halvorsen, P.C.Marijuan,
*The psychosocial burden of hand eczema: Data from a European dermatological multicentre study*
Contact Dermatitis. 2018;78:406-412

S.Rioualen, V.Durier, D.Hervé, L.Misery, J.Sizun, J.M.Roué
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Clin J Pain 2018; 34: 650-656

F.N.Balieva, A.Y.Finlay, J.Kupfer, L.Tomas Aragones, L.Lien, U.Gieler, F.Poot, G.B.E.Jemec, L.Misery, L.Kemeny, F.Sampogna, H. van Middendorp, J.A.Halvorsen, T.Ternowitz, J.C.Szepietowski, N.Potekaev, S.E.Marron, I.K.Altunay, S.S.Salek, F.J.Dalgard , *The Role of Therapy in Impairing Quality of Life in Dermatological Patients: A Multinational Study.*
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Acta Derm Venereol. 2018; 98: 713-714

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J Am Acad Dermatol 2018;79: 457-463

F.J.Dalgard, A.Svensson, U.Gieler, L.Tomas-Aragones, L.Lien, F.Poot, G.B.E.Jemec, L.Misery, C.Szabo, D.Linder, F.Sampogna, A.W.M.Evers, J.A.Halvorsen, F.Balieva, J.Szepietowski, A.Lvov, S.E.Marron, I.K.Altunay, A.Y.Finlay, S.SSalek, J.Kupfer ; *Dermatologists across Europe underestimate depression and anxiety: results from 3635 dermatological consultations*
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Dermatology Treat. 2018 Mar;29(2):208-213

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Ital Dermatol Venereol. 2018 Aug;153(4):525-534.

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Acta Derm Venereol 2018;98:225-233.

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J Eur Acad Dermatol Venereol. 2018 Aug 31. doi: 10.1111/jdv.15229. [Epub ahead of print] PMID: 30169902

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From A. Thomson
E-learning in Psychodermatology

## Psychodermatology around the world

**Japan**
The 8th annual meeting of the Japanese Society of Psychosomatic Dermatology was held in Yokohama on 28 January 2018.
The main thema was pediatric psychosomatic dermatology.

**USA**
The Association for Psychocutaneous Medicine of North America will be holding its 29th Annual Psychodermatology Meeting on Thursday February 28th, 2019 in Washington, DC, a day before the commencement of Annual AAD meeting. State of the art lectures and latest research in the field of Psychodermatology would be presented by national and international faculty. For details about this meeting and participation please send email to Mohammad Jafferany, MD (mjafferany@yahoo.com) or visit the website http://www.psychodermatology.us.

Association for Psychocutaneous Medicine of North America participated in 2nd ILDS World Skin Summit in Ho Chi MInh city, Vietnam on June 10-12, 2018 organized by International League of dermatological Societies. The scope, education and training in Psychodermatology was discussed.

Association for Psychocutaneous Medicine of North America, in collaboration with Kazakhstan Society of Dermatology and Venereology is organizing a Psychodermatology Workshop in Almaty. Kazakhstan on November 12-14, 2018.

Association for Psychocutaneous Medicine of North America, in association with European Society of Dermatology and Psychiatry (ESDaP) is organizing a joint Symposium on Psychodermatology in Milan, Italy on June 10th, 2019 in 24th World Congress of Dermatology.

If you have information you wish to share with the members, please send it to esdap.newsletter@gmail.com.

Thanks for reading,

Françoise Poot, Lucia Tomas & Anthony Bewley

**Save the date**

Next ESDaP Congress in Giessen (Germany) June 20-21-22/2019