

Psychodermatology – Practical aspects and management

23 October 2019

Arrival of the participants

24 October - Basics in Psychodermatology

Time	Topics / Contents
8.00-08.30	Welcome Breakfast at course venue
8.30-09.00	
9.00	Introduction: Psychodermatology and ESDaP Review of the neuro-immuno-cutaneous endocrine system - Complexity
10.00	Coffee Break
10.30	Health-related quality of life: the impact of skin diseases on physical, psychological and social functioning and well-being
12.00	Psychodermatology – Classification and Clinic – a brief overview
12:30	Lunch Together with Chairs
14.00	Doctor-patient relationship (starting from the participants problems)
15.30	Coffee Break
16.00	Communication skills workshop
18.00	Adherence to treatment
18.30 – 19.00	Reflection of the day
19.00 - 22:00	Dinner together Shared with Participants

25 October – Practical management

	Topic
8:00	Welcome Breakfast at course venue
9.00	Alexithymia
10.00	Coffee break
10:30	The patient and his family: importance in psychodermatology Workshop on Genogram
10:30	
13.00	Lunch
14.00	The depressed patient: Diagnosis, Treatment, When and How to ask for referral
15.30	Coffee Break
16.00	Psychopharmacology adapted to what is available in the different countries
17.30	Which psychotherapeutic treatment is needed: Overview of the possibility and exchange with the participants if is available in their country
18.30	Reflection of the day
19.00	Dinner free
20.00	Free evening

26 October – Special aspects

	Topic
8: 00	Welcome Breakfast at course venue
9.00	Special aspects of psychodermatology: Delusional disorders (delusion of parasitosis etc.), factitious disorders Case presentation
10.00	Coffee break
10.30	Atopic Dermatitis, psoriasis, acne, alopecia, urticaria Cases presentation - demonstration of camouflage
12.00	Special Aspects of psychodermatology Cases presentation
13.00	Lunch
14.00	Case presentation continuing
15.30	Coffee Break
16.00	The diploma in psychodermatology
17:00	Reflection of the day Assessment of knowledge, Evaluation

18:00	End of the course
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