

2020-P-L1W2- Psychodermatology – Practical aspects and management – Diploma Level 1 – Workshop 2

30 September 2020: Arrival of participants

[Afternoon with the Course Level 2 workshop 1](#)

Each participant should take part in preparing 1 topic and present 1 case.

They should work in groups of 2-4 participants

The format of the case presentation is:

- Clinical presentation
- Diagnostic and differential diagnostics
- Treatment:
 - psychological
 - pharmacological

Afternoon with

1st October

Time	Topics / Contents	Speaker	Activity
08.30	Welcome Breakfast at course venue – presentation of the participants if there are new members – What’s new since our last course?	All	
9.00	Expectations (done earlier by email) Neurobiology basics	Presentation by a group of participants 2-4	Supervision by Françoise Poot
10.00	Coffee Break		
10.30	Developmental psychology	Presentation by a group of participants 2-4	Supervision by: Lucia Tomas-Aragones and Francesca Sampogna
12.00	Suicidal Ideation	All Participants	Lucia Tomas-Aragones Francesca Sampogna
12:30	Lunch, together with speakers		
13:30	Doctor-patient relationship (starting from the participants’ difficulties)	The patient’s profile Work with a video Calibration, synchronisation and reformulation reexplained	Françoise Poot Lucia Tomas-Aragones Francesca Sampogna Uwe Gieler
15.30	Coffee Break		

16.00	Communication skills workshop Complex situations Self-inflicted skin lesions Getting in touch with a BDD patient	Small groups	Françoise Poot Lucia Tomas-Aragones Francesca Sampogna Uwe Gieler
18.00	Case presentations	All participants	Françoise Poot Lucia Tomas-Aragones Francesca Sampogna Uwe Gieler
18.30 – 19.00	Reflection of the day	All participants	Lucia Tomas-Aragones
19.00 - 22:00	Dinner – everyone is free to make their own arrangements		

2nd October – BDD

Time	Topic	Speakers	Supervised by:
8:30	Welcome Breakfast at course venue		
9.00	Theory on BDD	Presentation by a group of participants 2-4	Uwe Gieler Francesca Sampogna
10.00	Coffee break		
10:30	Practical management of BDD patient	Presentation by a group of participants 2-4 Based on the book by Katherine Phillips, among others	Lucia Tomas-Aragones Françoise Poot
11:30	Case presentations on BDD	participants	Françoise Poot Lucia Tomas-Aragones Francesca Sampogna Uwe Gieler
12:30	Lunch		
13:30	Attachment theory	Presentation by a group of participants 2-4	Francoise Poot Lucia Tomas-Aragones
15.30	Coffee Break		
16.00	Difficulties in interactions with families	participants	Francoise Poot
17.30	Difficulties in prescribing neurotropic drugs	participants	Uwe Gieler
18.30	Reflection of the day		Uwe Gieler
19.00	Dinner – we all get together		

3rd October – Special aspects

	Topic			
8: 30	Welcome Breakfast at course venue			
9.00	Case presentations	9:00-9:10 9:15-9:25 9:30-9:40 9:45-9:55		
10.00	Coffee break			
10.30	Cases presentations	10:30-10:40 10:45-10:55 11:00-11:10 11:15-11:25 11:30-11:40 11:45-11:55		
12.00		12:00-12:10 12:15-12:25		
12:30	Lunch			
13:30	Case presentations continued	13:30-13:40 13:45-13:55 14:00-14:10 14:15-14:25 14:30-14:40 14:45-14:55		
15:00	Theoretical statement			Uwe Gieler
15.30	Coffee Break			
16.00	Evaluation for the diploma			
17:00	Evaluation of the course			Francoise Poot Lucia Tomas-Aragones Francesca Sampogna Uwe Gieler
18:00	End of the course			